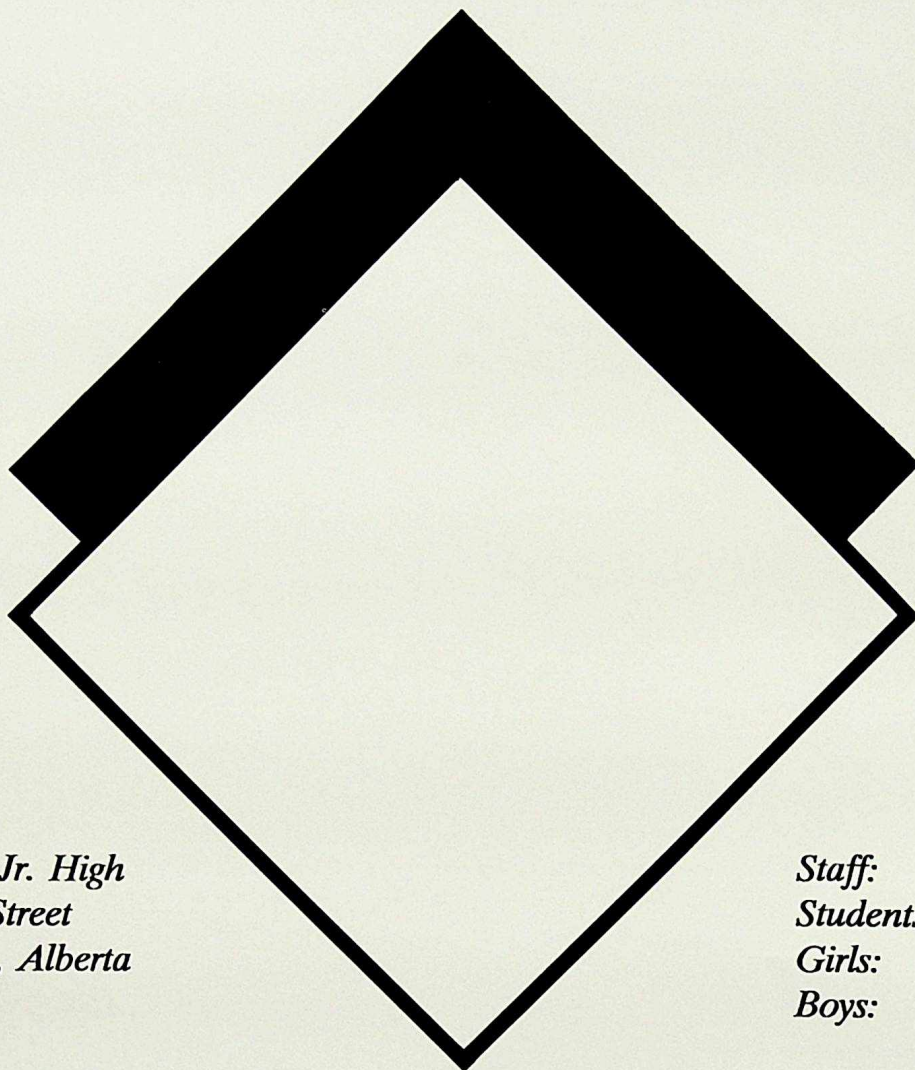


One Moment In Time





"ONE MOMENT IN TIME"



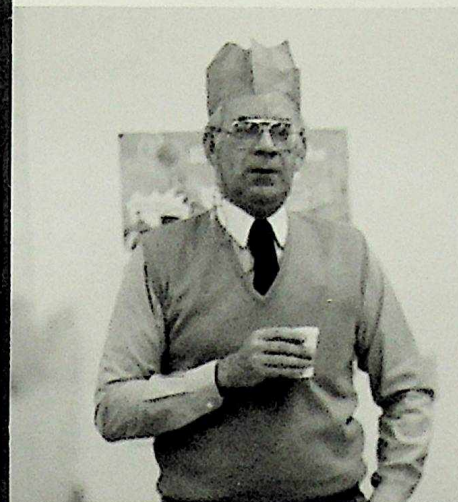
*Highlands Jr. High
11509-62 Street
Edmonton, Alberta
T5W 4C2*

<i>Staff:</i>	<i>45</i>
<i>Students:</i>	<i>524</i>
<i>Girls:</i>	<i>252</i>
<i>Boys:</i>	<i>272</i>

*Each day I live
I want to be
A day to give
the Best of Me.*

As we enter a new decade and look toward a new century many questions arise as to our future and our hopes. Over the past four years I have been encouraged by a renewed interest in our school, in education and in learning. If our society is to continue to improve we must work together as a cooperative community. Our staff, students, parents and community working together as we do present an ideal model for ensuring maintenance and growth in a friendly atmosphere. With the special people we have in our "community" we have built our own foundation for the future. For the grade nines who will attend high school next year I extend a special thank you for the leadership they have shown and the energy they have put into making Highlands a special place to be. This excellent yearbook is an example of staff and students working together to produce an outstanding publication. Welcome to the '90's and thank you to all who have given us reason to be optimistic for the future. Good luck!

*Patrick B. Dawson
Principal*



THE ADMINISTRATION

By the time this book is published we will have closed the door on the eighties and we will have made a good start in 1990.

The last nine years here at Highlands have been very rewarding and satisfying years for me personally. We have seen the school grow each year until we are almost bursting at the seams. Together, under Mr. Dawson's direction, we have become a truly child-centred school that caters to students of a wide variety of backgrounds and talents.

Each candid picture in this book reflects one of our on-going events at Highlands. Taken all together they picture school life over the whole year. The photographs demonstrate a great deal of effort on behalf of our students, parents and staff. Our thanks for a job well done.

A special thanks to Mrs. A. Mah and her yearbook committee for again publishing a very successful yearbook.

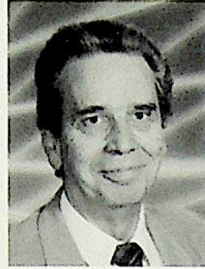
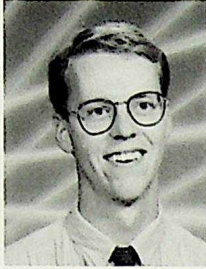
To those who are leaving Highlands we wish you health, happiness and lots of future success. To those of us that are staying keep us the tradition of maintaining Highlands as one of the finest junior high schools in Edmonton.

*Peter G. Jonkman
Assistant Principal*

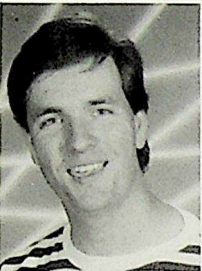




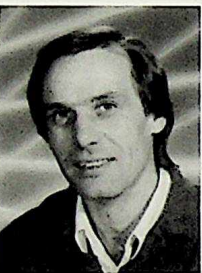
*Mrs. Rhonda Anderson
Ms. Andrea Bailey
Ms. Bev Belik
Mrs. Pam Bell
Mr. Ted Biggs*



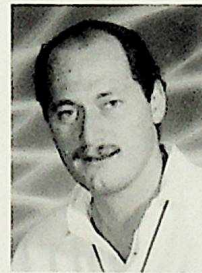
*Mr. Elmer Breitzkreuz
Mr. Eric Burnett
Mr. Dale Christensen
Ms. Debbie Fedoruk
Mrs. Leanne Fitzpatrick*



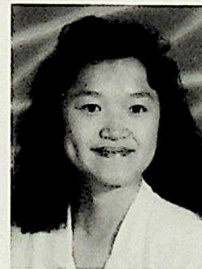
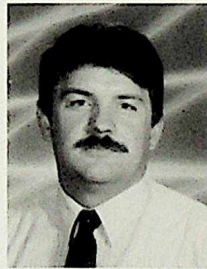
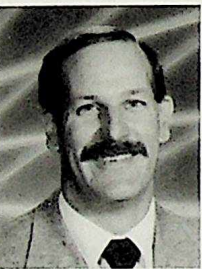
*Mr. Jack Geldart
Mrs. Evelyn Gusdal
Mrs. Julia Gyurek
Mrs. Harding
Miss Corinna Hollar*



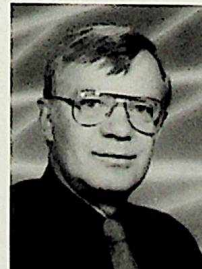
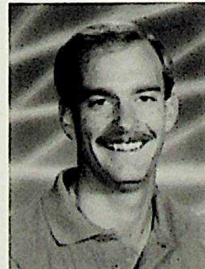
STAFF OF 1990



*Mr. Tor Janisch
Miss Patti Karbonik
Mrs. Lorna Kunyk
Mr. Rod Layton*



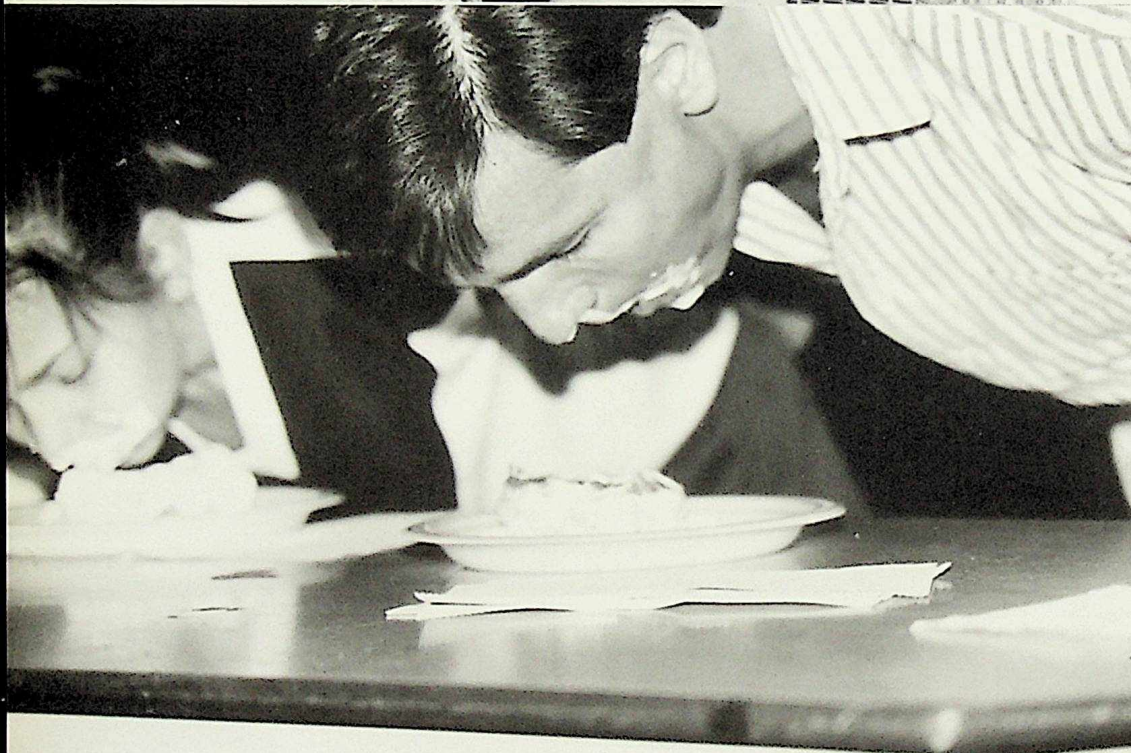
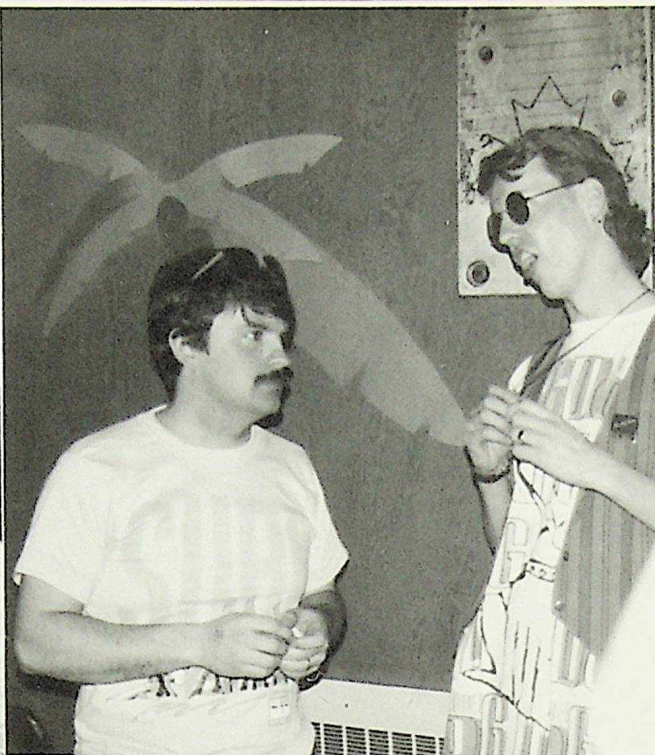
*Mr. Ken LeLacheur
Mrs. Julie Loga
Mrs. Olga Logvynenko
Mr. Bob Lowry
Mrs. Ann Mah*



*Mrs. Linda Maheden
Mrs. Patricia Moore
Mr. Jamie Pallett
Mrs. Charmaine Paliwoda
Mr. Alex Potapoff*

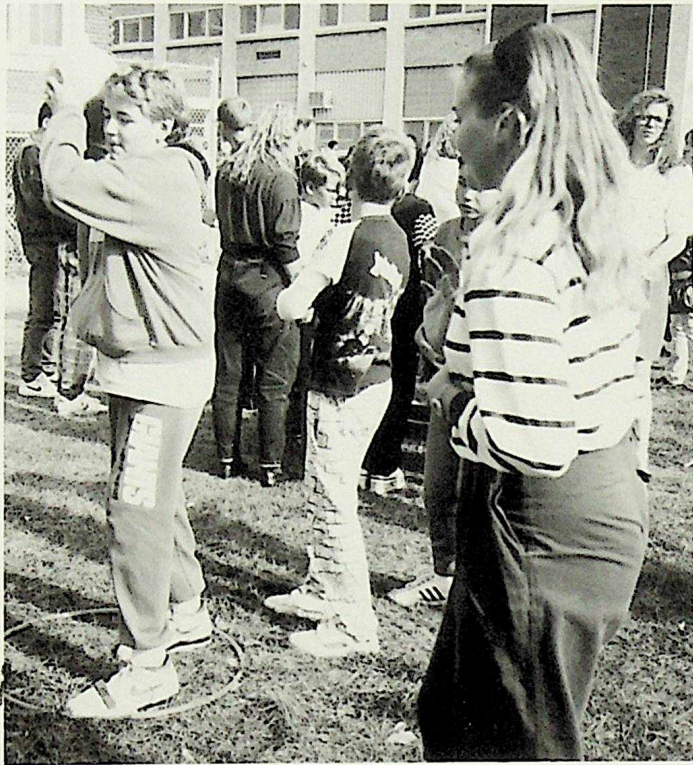


*Mrs. Angie Poznikoff
Mrs. Evelyn Richards
Ms. Susan Turnball
Mrs. Gwen Vansickle
Mrs. Bonnie Zack*



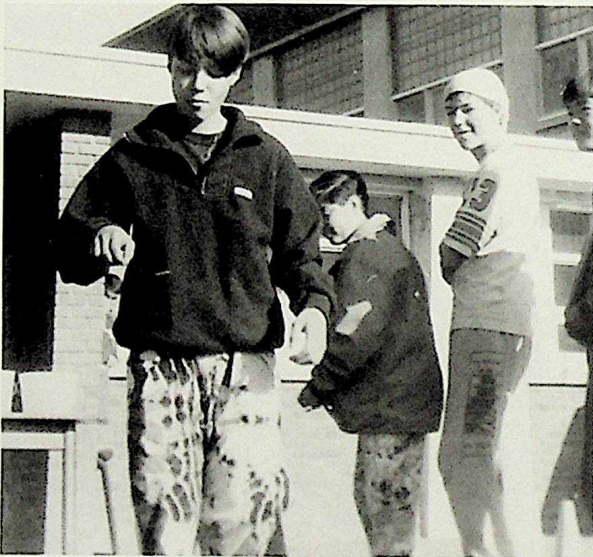
Noon B-BQ

The day was September 28, 1989, time 11:50. The students, staff and parents gathered in the south breezeway parking lot to have a noon barbeque. The teachers served up hot dogs, drinks and donuts while the Leadership class ran the penny carnival. It was such a good time that even the school's resource officer brought some of the guys to join in the fun.

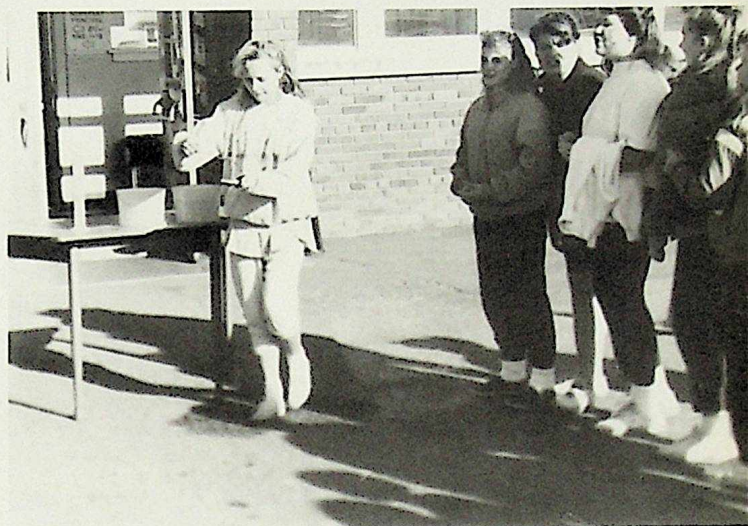




HOG



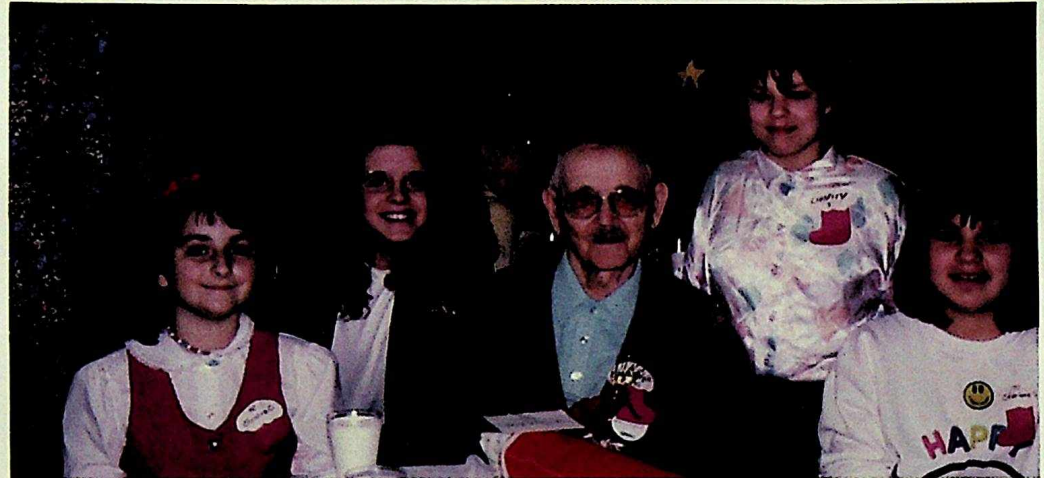
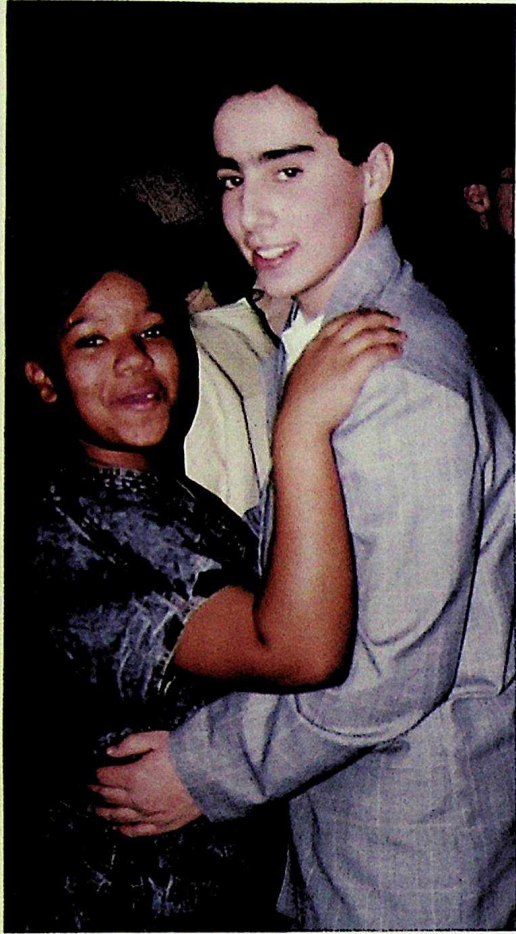
DAYS



Hog Days was another one of our successful events we have during the school year. All of the classes were in full spirit, even the ones that lost. Congratulations to the overall winners - 3rd place, 7C Mrs. Poznikoff's room; 2nd place, 8B Mr. Biggs' room; and overall 9C took the shoe.



A Special Moment at Highlands





December is a busy month at Highlands. When you walk down the hallways you can feel the excitement of the up coming holidays. The main bulletin board is decorated by the Builders' Club. The main event calendar has the holidays clearly marked off. The office is decorated with Christmas cards sent by parents and students.

When you walk down the hallways and pass each homeroom you can see a brown piece of cardboard waiting to be decorated by the class. In other rooms you can see stockings sitting on the teacher's desk waiting to be filled for the grandparents.

Each morning Mr. Dawson's announcements would be filled with meetings and rehearsals for the last day of school. Every one is busy. At lunch, people were either hurrying off to Miss Fedorak's choir practice, Mr. Maluzynsky's band class, Mrs. Mah's cheerleading practice, the Super Stars Contest put on by Mr. Pallet's Phys. Ed. Leadership class or going to homeroom to help put the panels together.

On Friday the hallways are filled with band students, cheerleaders, choir members, student hosts and busy teachers. Once the grandparents arrive they are hosted by each homeroom. Crystal Grimoldby emcees the short program put on by students. Then Santa drops by to present all the stockings.

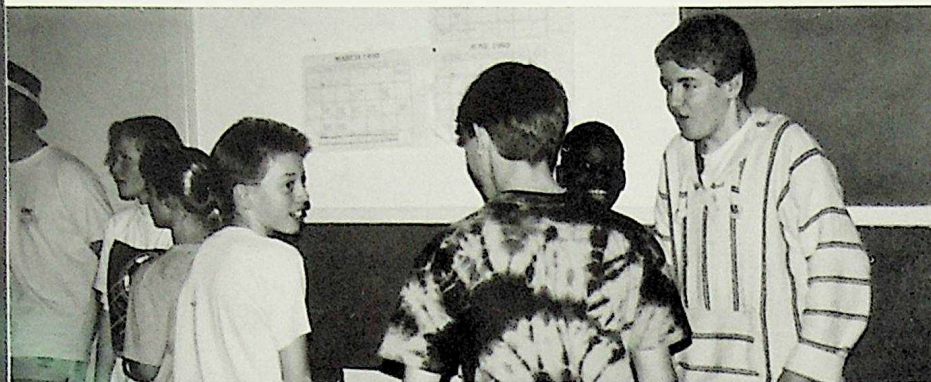
The panel winners were:
third place - 9E (Mrs. Vansickle)
second place - 8B (Mr. Biggs)
first place - 7A (Mrs. Mah)

All of the panels were beautifully done!

In the afternoon the school danced off into the holiday. Everyone was extremely happy because this year the student body donated over \$1500 to Ched's Santa's Anonymous.

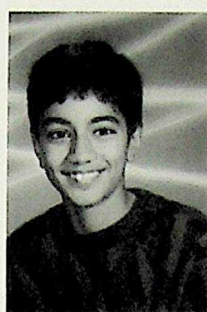
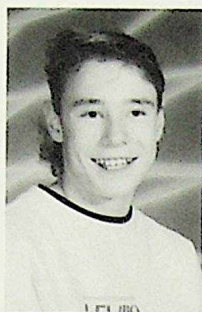


GRADE SEVENS

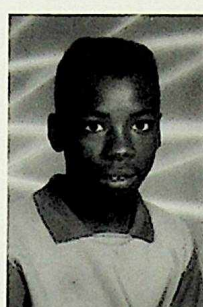
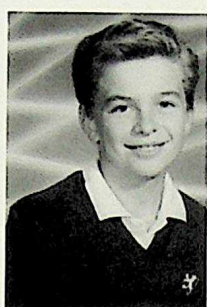
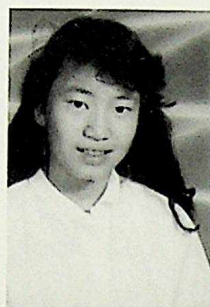
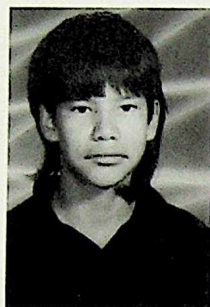


I'm only one...

A



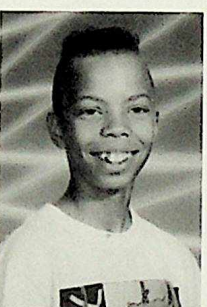
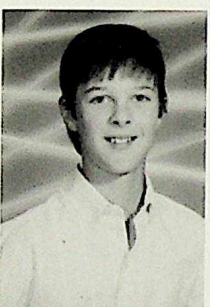
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Benson Vannessa
Brar Micky
Carlsen Sarah Ann



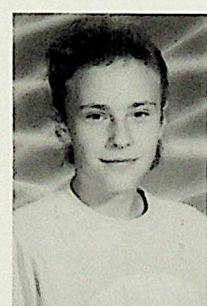
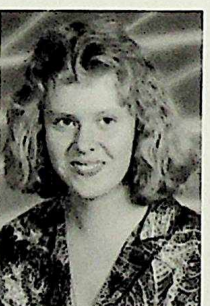
Castor Kevin
Dam Linh
Fowler Shane
Headley Ken
Leeder Neil



Lundin Heather
Macdonald James
Manning Charlene
Mckinlay Michael D
McNeil Brandi



Murray Tyree
Opalinsky David
Poetz Ahlen
Ram Renita
Solomon Dustin



Sopher Amanda
Westerln Leeanne
Wheeler Chelsea
Willsey Michelle
Zahorodniuk Nicole

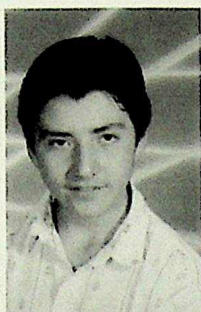


B

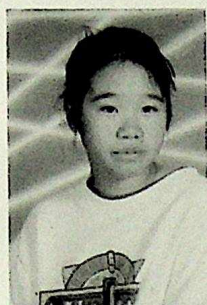


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Danyluk Jerry
Zajic Thomas
Zylenko Dana

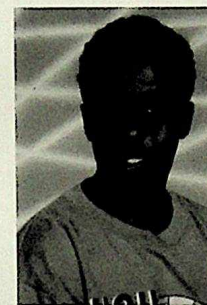
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Ho Nhung



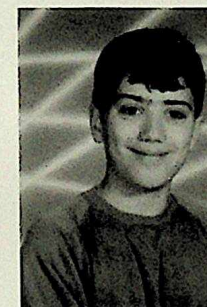
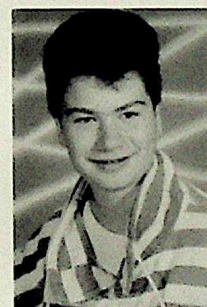
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Huynh Huu
Kryviak Leah
Ladouceur Roxanne
Lyseyko Jason



Malinowski Andrea
Mandrusiak Michelle
Morris Angela
Nalayeh Saeed
Nhan Yen



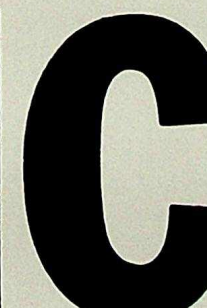
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Radojcic Marian
Ramalhete John
Richardson James



Seifeddine Wisal
Spivak Jamie
Stumborg Michael
Sware Cari
Vanamstel Craig



Vercholuk Andria
Woodroffe Ken
Thompson Shaine
Agnew Darren



C



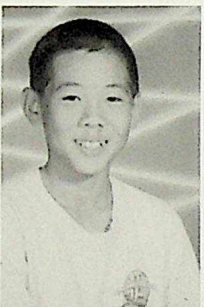
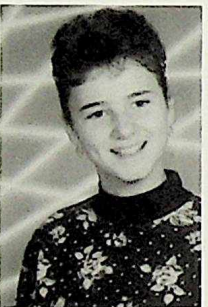
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Danyluk Kelsey
Filbey Dale
Lee Carlos
Giron Carlos
Gunther Joseph



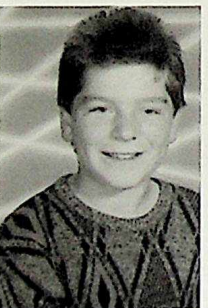
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Klauser Kelly
Lack Tara
Makin Jeremy
McDermott Joanne



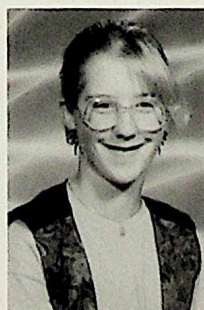
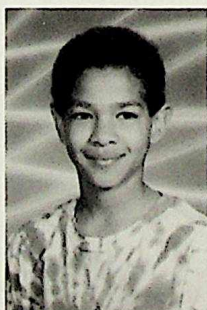
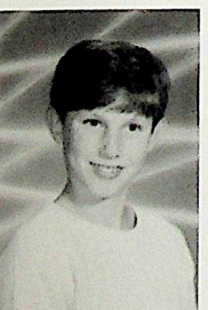
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Richardson Jeffrey
Sarca Claudia



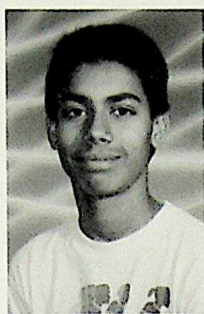
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Seto Coedy
Smith Cynthia
Szamosi Charlene
Tomlinson Keipher



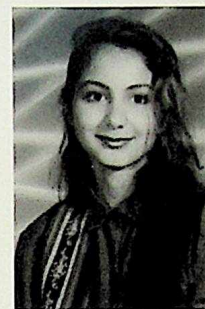
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Tustin Felina
Ujueta Jaime
Angecone Ronald



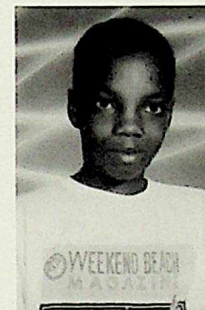
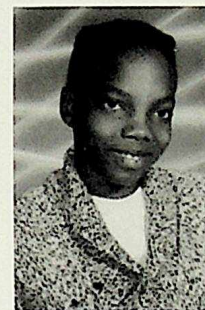
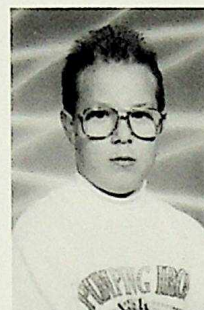
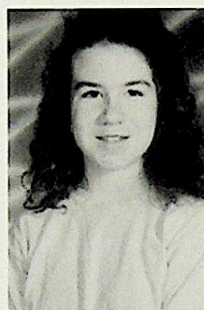
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Cherewyk Jodi
Daniel Teak
Elaschuk Robynn



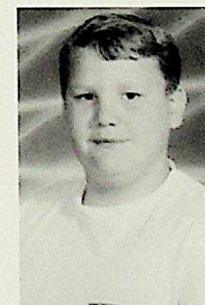
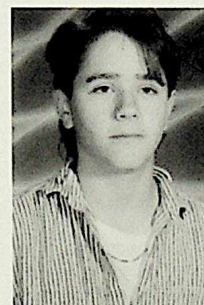
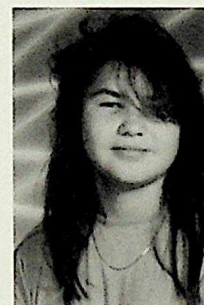
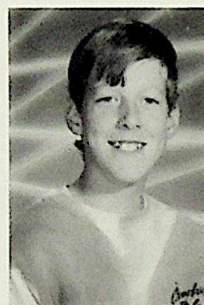
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Peck Tammy
Protsack Michael
Radic Sandiela



Shek Krista Lee
Stannard Kevin
Stenbeck Donna
Stewart Addi
Stewart Khari

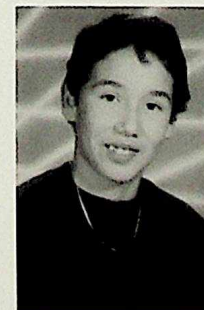
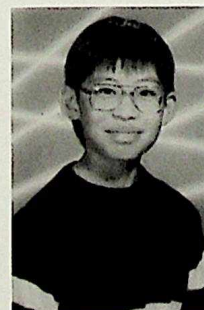
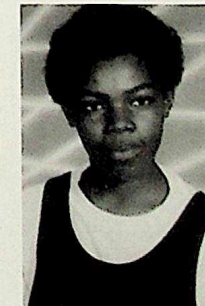
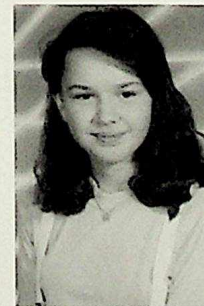


Storey David
Strong Lisa
Tremayne Brad
Woywitka Michelle
Young Neil



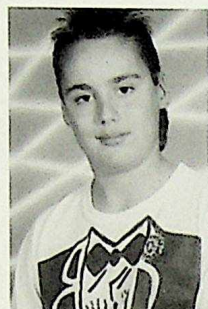
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Bourassa Mark
Bovell Kim

E

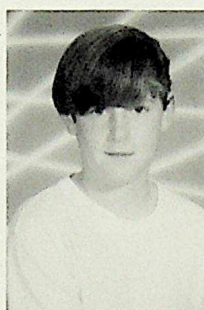
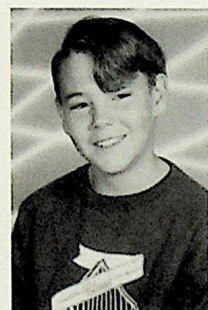




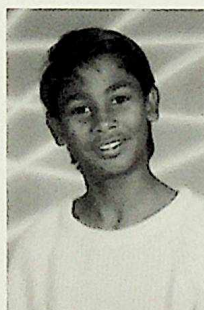
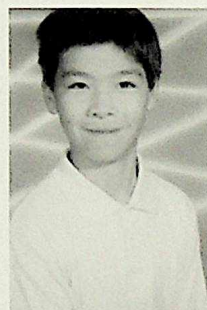
Harrison Mary
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Hinderks Kristy
Hrynyk Terrence
Ingram Corey



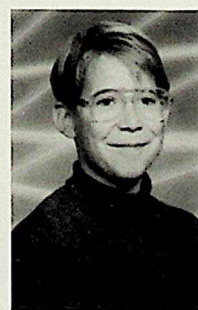
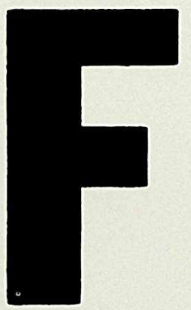
Ironside James
Lubineniecki John
Magana Vladimar
Mah Ken
Mcdaid Lorrie



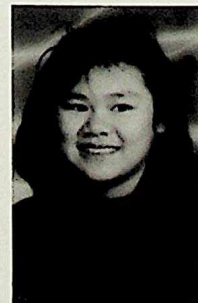
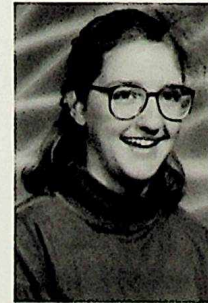
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Quinn Chris
Ranger Kelly
Strikwerda Robynn



Sumra Gurminder
Torres Maria
Tu Kim
Usman Riaz
Walker Frances

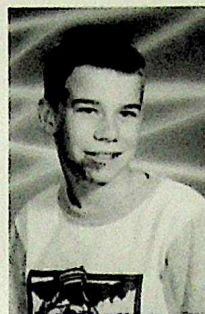


Wever Veronica
Witts Michelle
Aksidan Bernadette
Barkway Craig



Cook Rachelle
Decker Christine
Forges Eileen
Diedre
Fulks Jasmine
Heng Hem

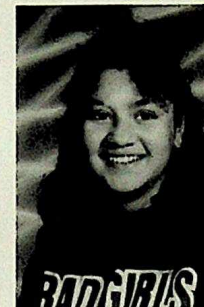
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Knudsen Christopher
Lees Jack
Lennie Jennifer
Lester Amy



Letourneau Bradley
Lewis Bethany
Lindsay Tara
Mawson Peter
Mcara Shelley



Nguyen Hong
Nham Tammy
Pelley Jason
Polanco Carla
Prakash Annal

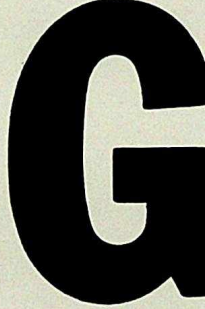


Presse Marcie
Pullan Corinna
Roberge Julie
Russo Tony
Scott Jennifer



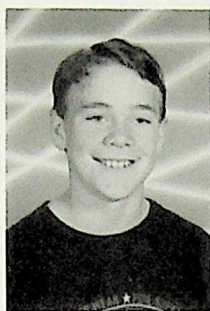
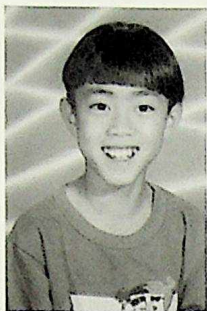
Vandeligt Robin
Warren Tammy

Audley Patrick
Brochu Shawna

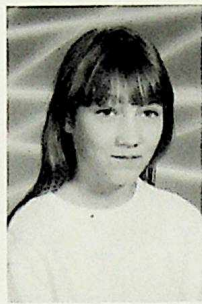


Caines Andrew
Clare Leah
Clipperton John
Corado Rosa
Coulson Sarah

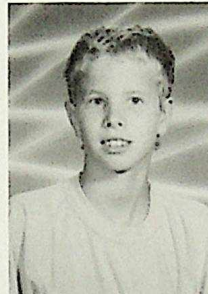
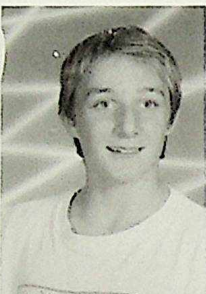




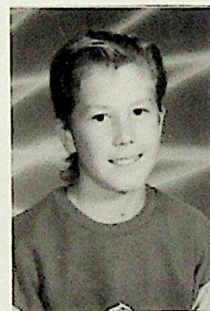
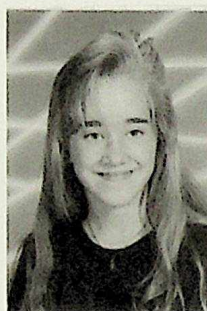
Cox Jayme
Do Tuan
Elliott Cory
Ferguson Jason
Gullberg Christopher



Kragnes Calvin
Leclercq Michelle
Maclowick Brandy
McEwan Shilo
Newton Christopher



Partridge Randy
Perlitz Stacey
Plunkett Amy
Quast Jacob
Rafuse John

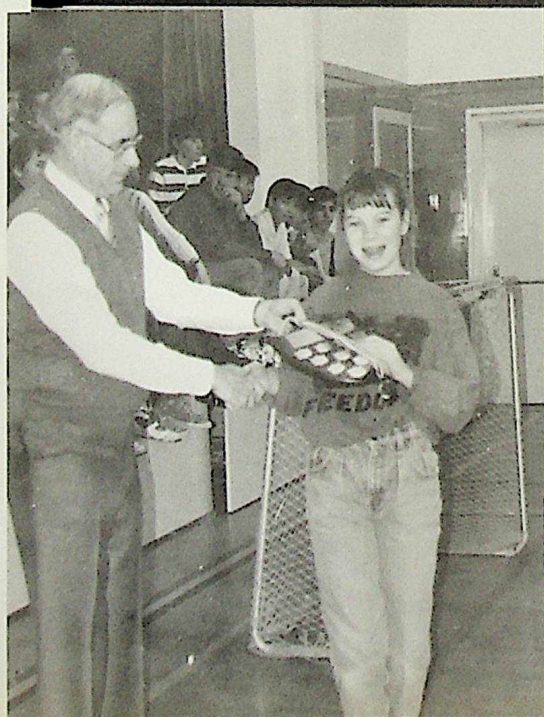
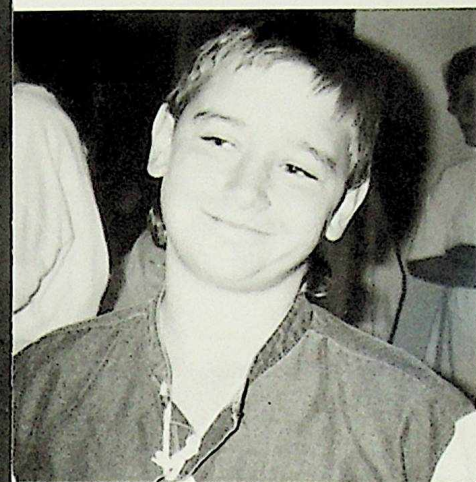


Rutledge Crystal
Suprovich Tracy
Thompson Matthew
Tran Mary
Veres Joshua



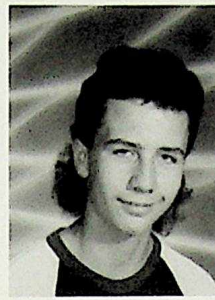
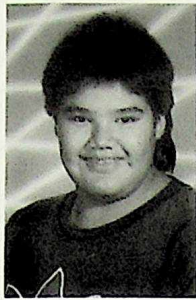
Windjack Andrew
Wiwchar Trevor
Yee Joyce

GRADE EIGHTS

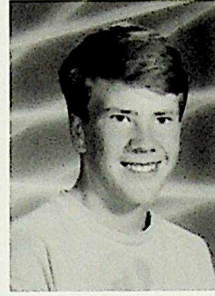
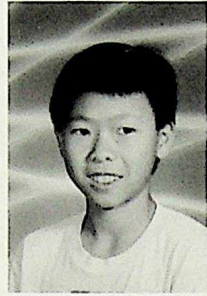


But not alone

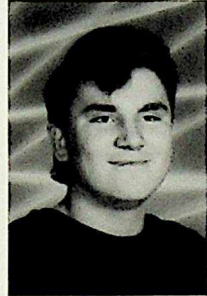
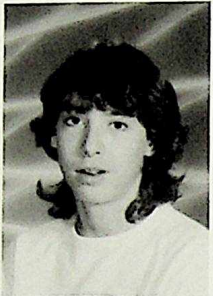
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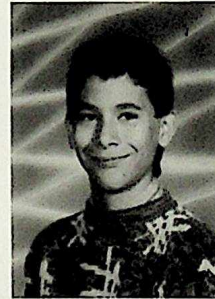
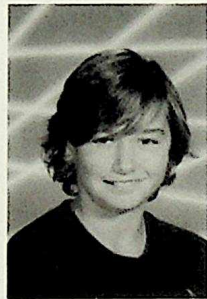
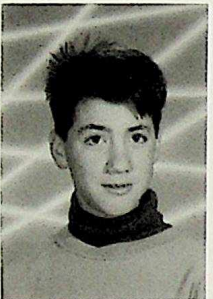
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Brass Angela
Butuk Tracy Ann
Bytynen Michael



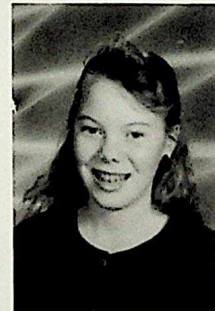
Ferguson Nicole
Gounder Sharon
Ha Quang
Headley Belinda
Hearn Scott



Houle Robby
Hrab Sabrina
Martin Warren
Matter Ted
Nunes Peter

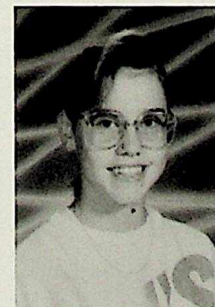
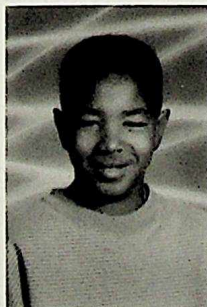


Paran Danny
Plunkett Richard
Potratz Troy
Yurko Schmutz Angie
Schneider Joel



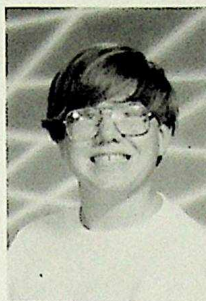
Stankiewicz Kerri
Stirrat Jody
Stratichuck Chris
Vevoda Jeannette
Yarrow Nikole

B

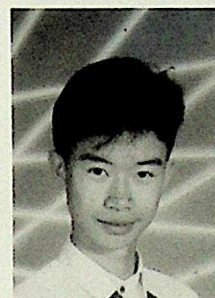
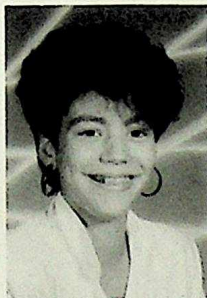


Bailey Isho
Barton Javis Arvel
Blundell Terry
Bourque Michelle

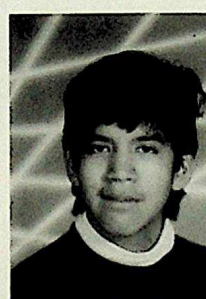
Bugnet Nolan
 Cheung David
 Drummond Jason
 Edgar Lisa
 Elund Tanya



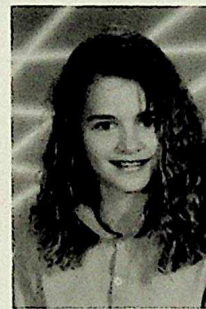
Frederick Nathan
 Hofstede Christine
 Horhut Mel
 Horz Chris
 Huynh Tri Kiet



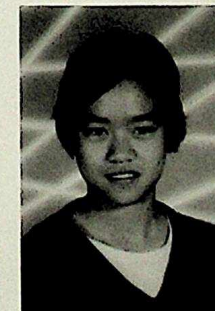
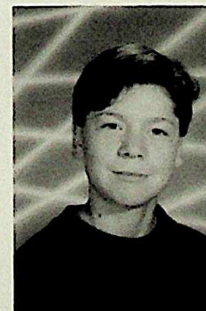
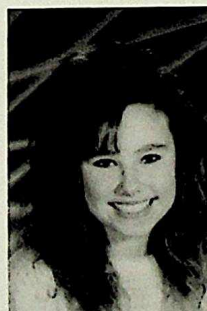
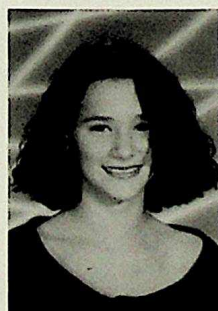
Kesta Rychel
 Key Rochelle
 Kootenay Don
 Loga Casey
 Lutz Tammy



Maheden Kim
 Malcolm Patrick
 Masse Keely
 Nuthall Jade
 Opalinsky Ken

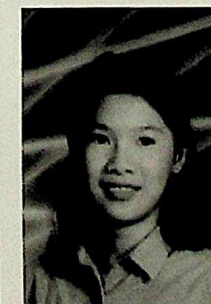


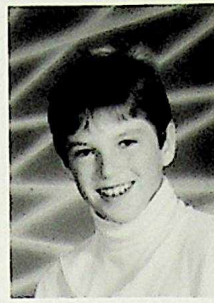
Rogocky Brandi
 Storozynski Candis
 Tymchuck Kirk
 Williamson Scott
 Young Becky



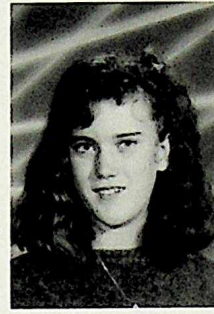
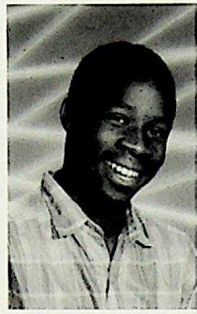
Bonise Leisa
 Brabazon Christoher
 Fong Tsing
 Gado Franky

C





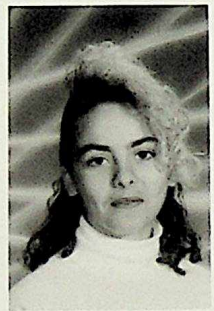
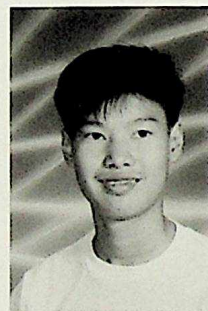
Grams Christine
Hardowa Julie
Hennawi Fay
Ho Anita
Hrynyk Chris



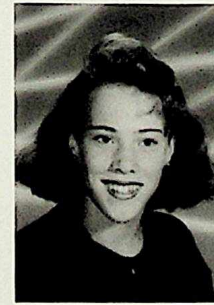
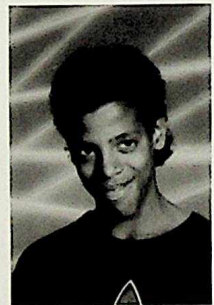
Iseke Lorn
Jagodzinsky April
Klann Gerhardt
Knights Michael
Komarynsky Laura



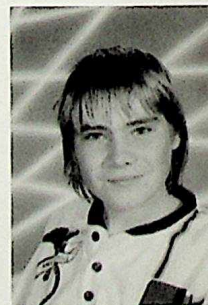
La Anna
Ma Henry
Macintyre Carrie
Mattern Sean
McDonald Adrienne



Mount Stephen
Pham Tuan Mlnh
Radojcic Zorica
Rae Tamara
Sakaluk April

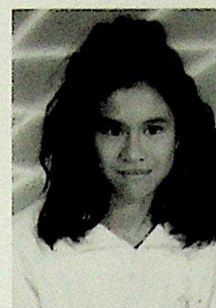
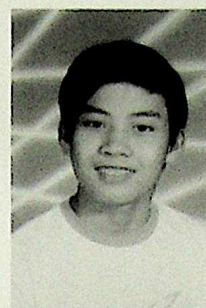
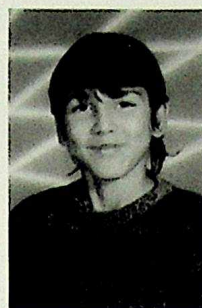


Sanden Jaime
Spivak Maureen
St Louis Taite
Steinburg Shane
Watson Sarah

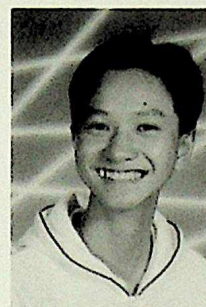


Webster Jason
Zuk Matthew
Bang Thanh
Bartlett Jeramy

Bisch Stacey
 Cardinal Amy Lyn
 Clarke Steven
 Duong Dat Tuan
 Ha Le



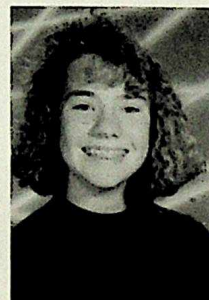
Knight Lacy
 Heng Pheng
 Leung June
 Ly Richard
 Mah Samson



Mah Tim Junior
 Manah Ameara
 McDonald Stephanie
 Neudorf Amanda
 Noyce Derek



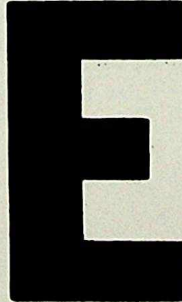
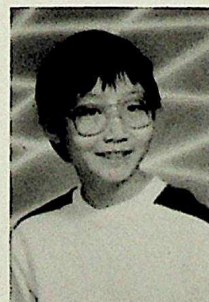
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 Pearson Lisa
 Robertson Jeni
 Smith Josh
 Rutledge Peter

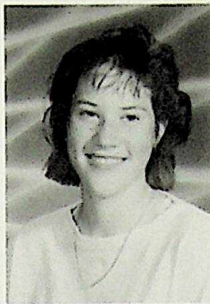
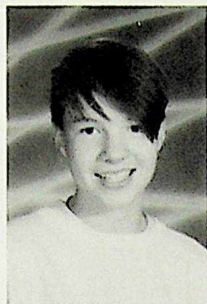


Sembaliuk Charlene
 Splawinski Tracy
 Thompson Roxanne
 Tien Hong Cam
 Williams Nadine

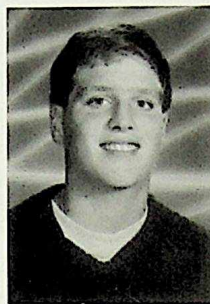
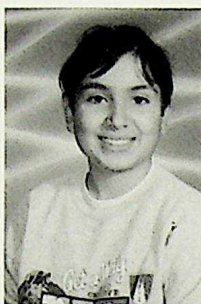


Witwicki Joanne
 Yan David Haiwen
 Anderson Myka
 Ao Suzuanne

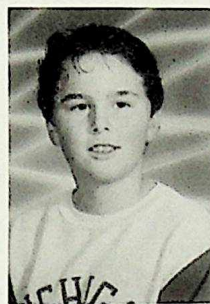
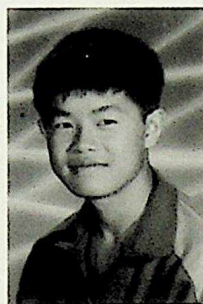
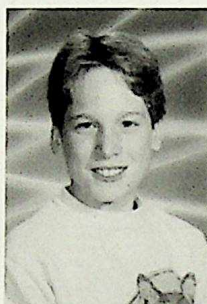
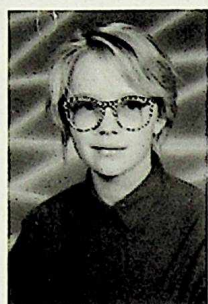




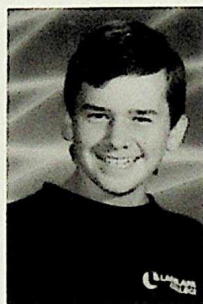
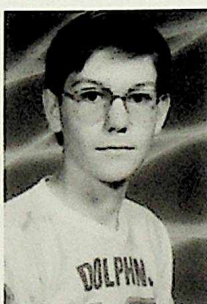
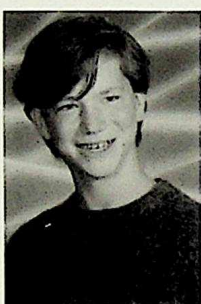
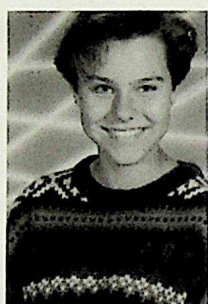
Balanecki Ryan
 Boyden Bradley
 Buha Trelaine
 Chyz Candice Adele
 Collis Leigh



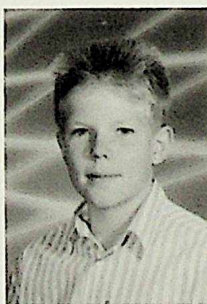
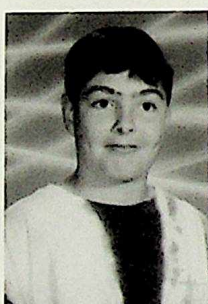
Cook Shane
 Cordeiro Victor
 Debolt Jennifer
 Druar Rhonda
 Grycan Jeff



Hale Shelley
 Hrab Leah
 Kienzler Jonathan
 Kong Min
 Lammie Brent



Maheden Andrea
 McBride Jason
 McLaren Dan
 Niblock James
 Philpott Kim



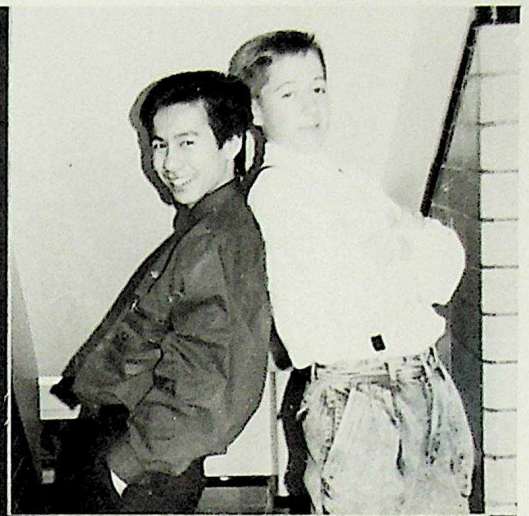
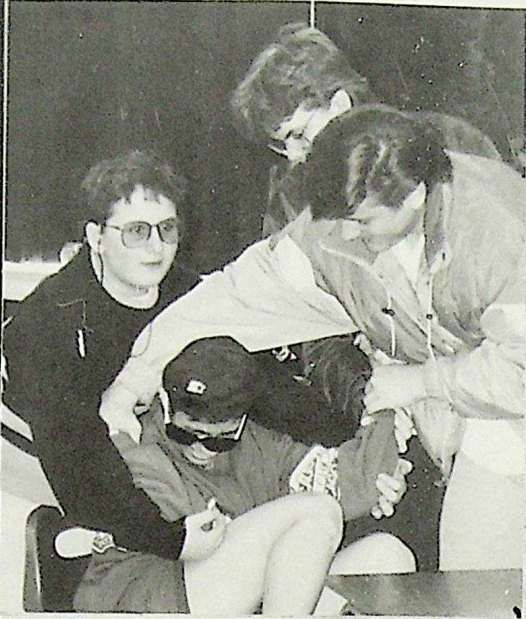
Pilip Kent
 Pulford Tim
 Roberts Topher
 Savoie Angela
 Sitsma Ang



Steffler Dawn Marie
 Stelfox Amanda
 Teghtmeyer Patrick
 Trach Tara
 Lacroix Judith

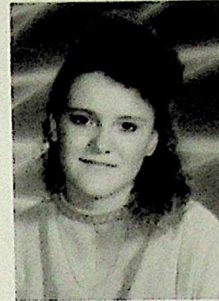
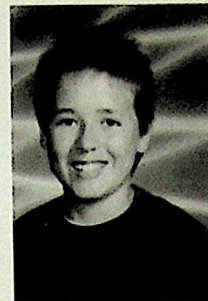
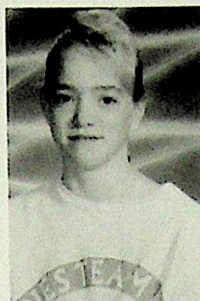
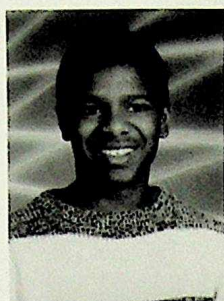


GRADE NINES

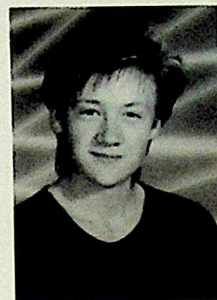
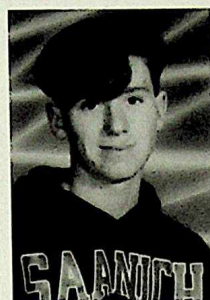


*My finest day
Is yet unknown.*

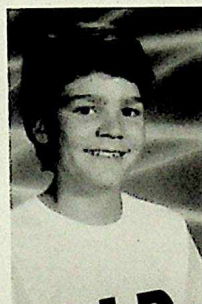
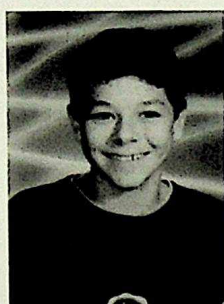
Alexander Keene
Butler David
Cox Cindy
Davies Curtis
Deakin Ramona



Erasmus Laura
Ferguson Danielle
Fulks Andrew
Herring Rob
Klassen Jason



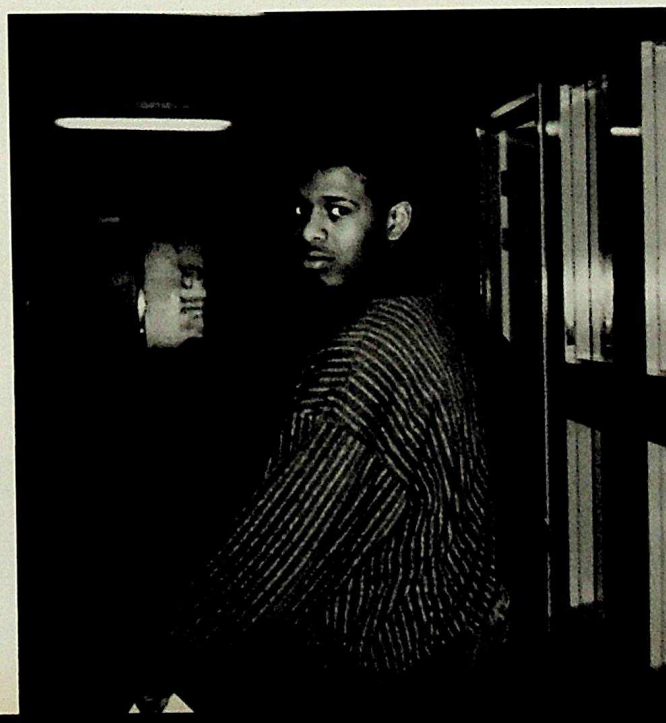
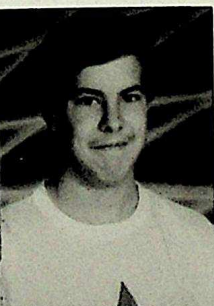
Martin Micheal
Osborne Kevin
Perron Jason
Pohl Arnold
Ram Daniel

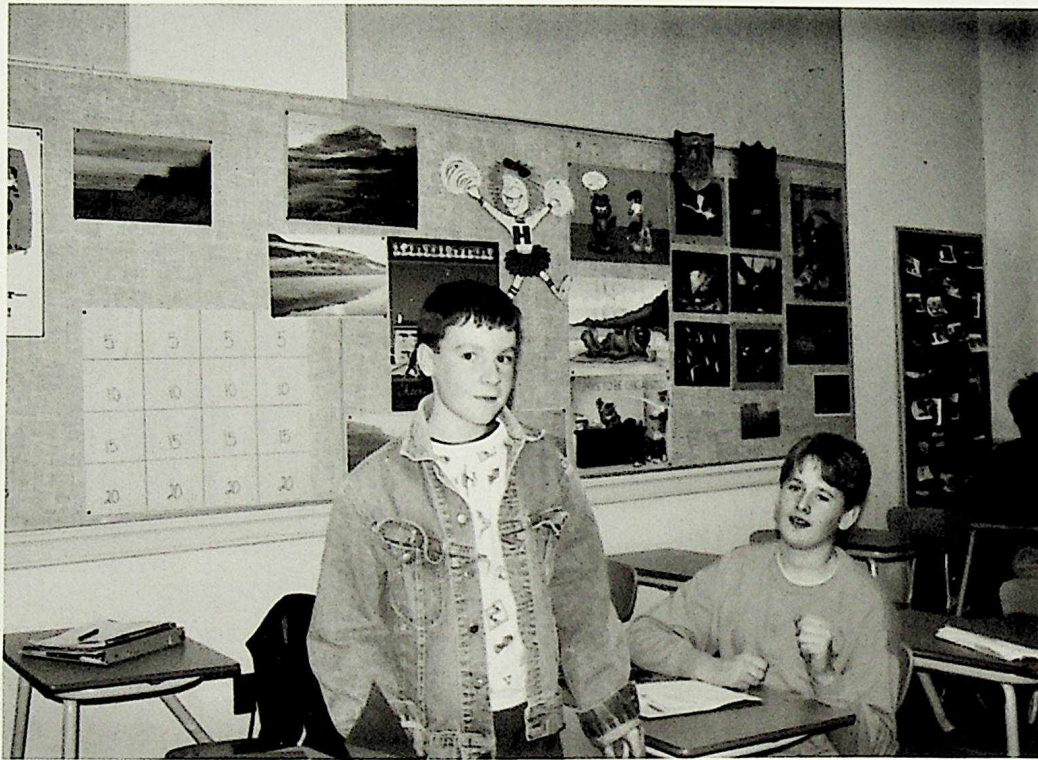
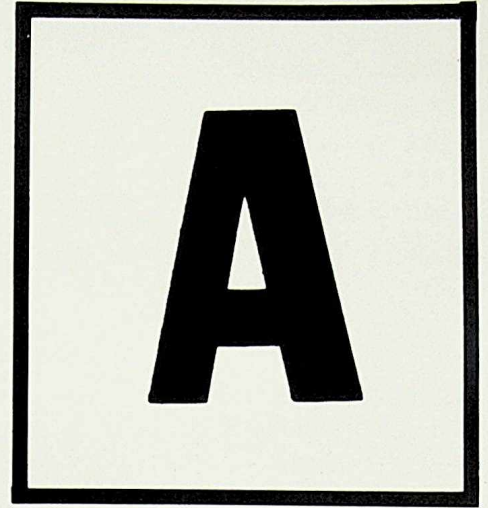
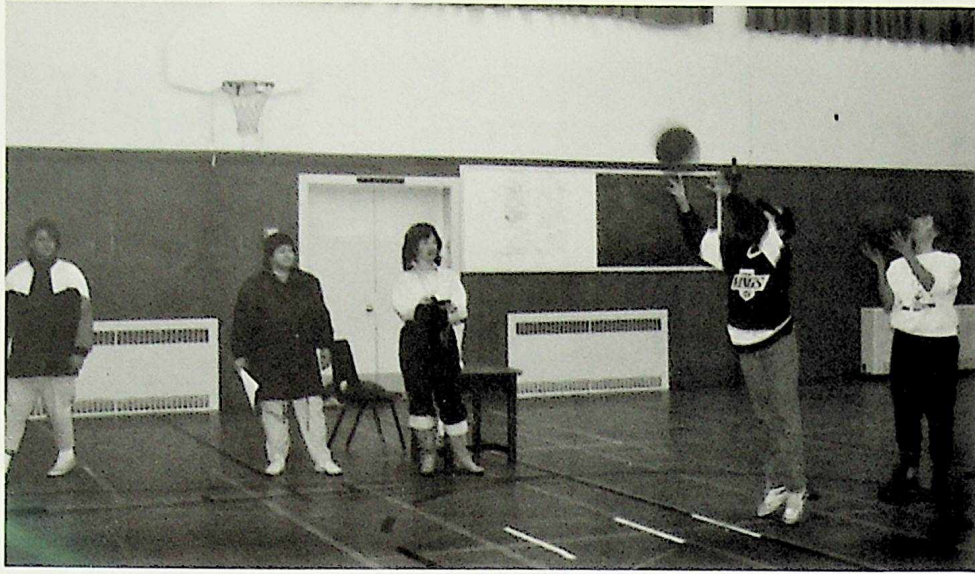


Robinson Colin
Sargent Dave
Splawinski Tam
Tennant Stewart
Whitford Korren

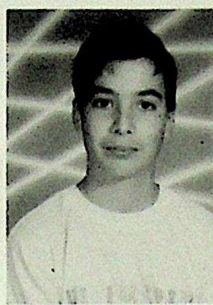
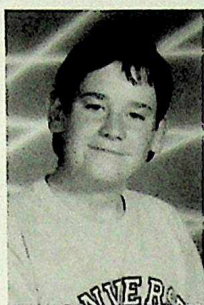


Wilkinson Shannon
Williams Barry

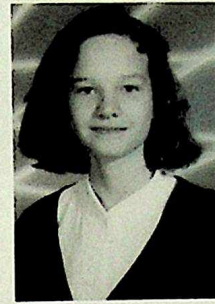
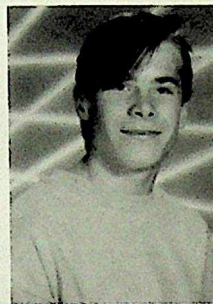




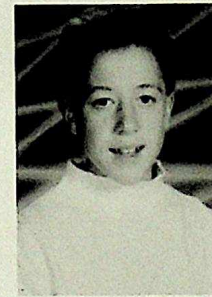
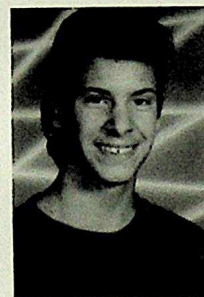
Beaudoin Jeanine
 Birch Allan
 Bogojevic Dusan
 Chambers Nancy
 Cottrell Sarah



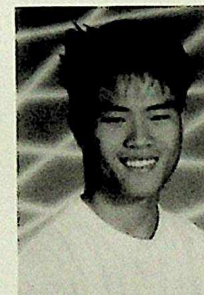
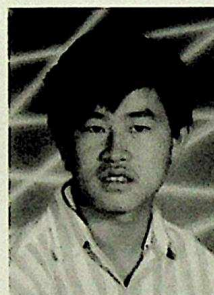
Derko Michael
 Ducharme Deinse
 Guthrie Robert
 Gyselinck Calvin
 Havlik Judy



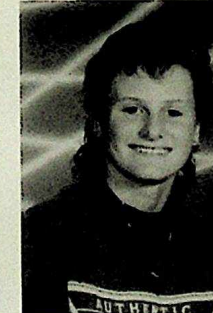
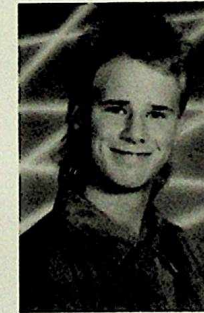
Hennig Danielle
 Hutchings Steven
 Johnson Graham
 Kenchington Bradley
 Kim Hyun Ji



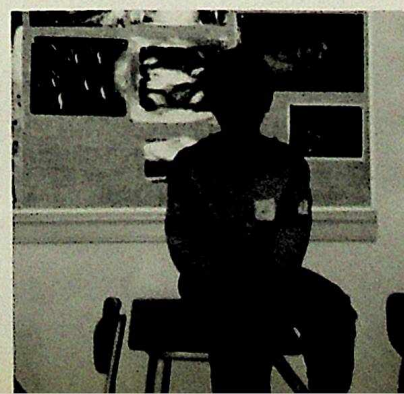
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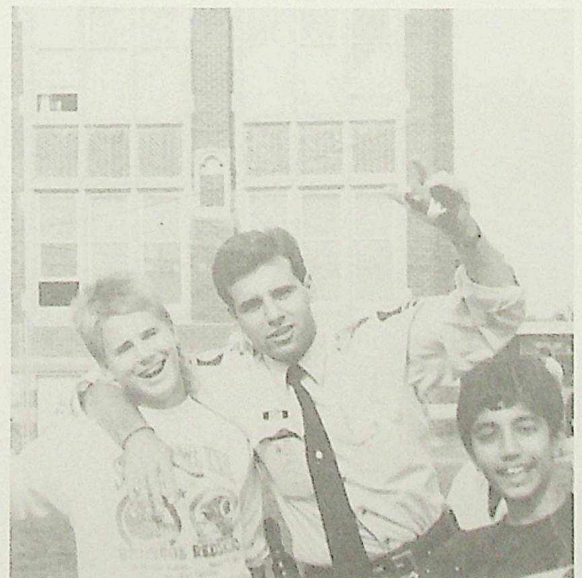
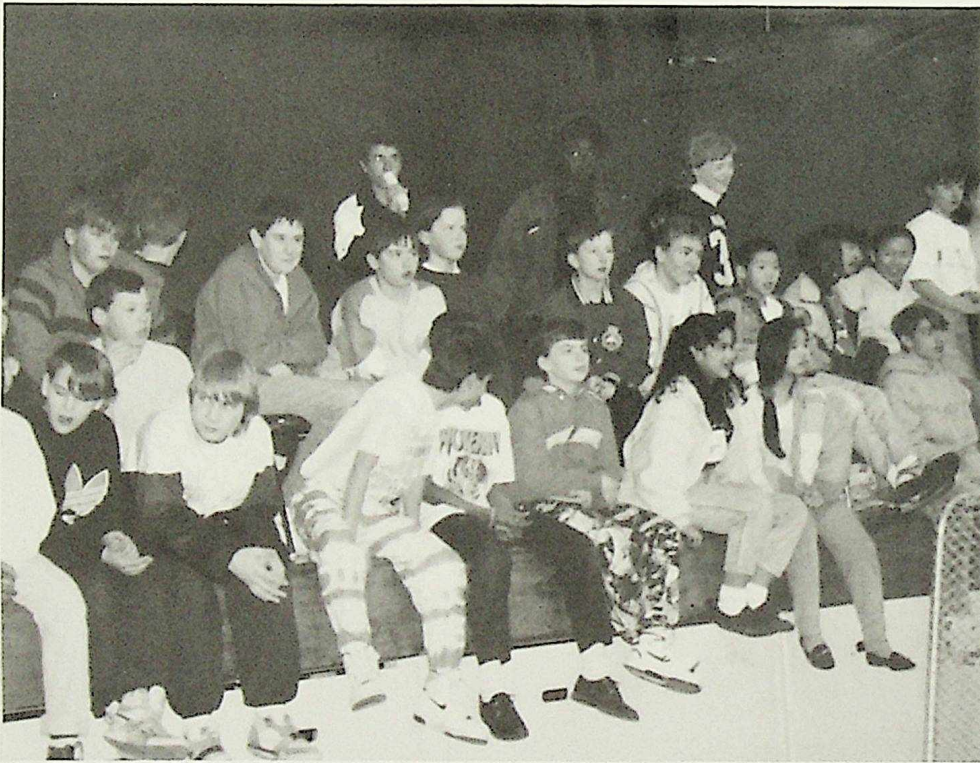
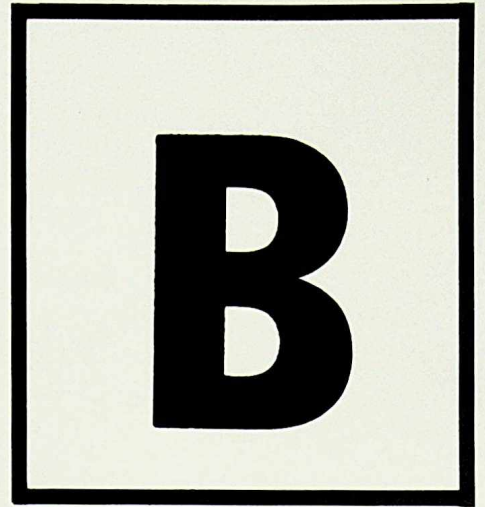


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 Miller Mike
 Rehaume Miranda Leah
 Salaluk Miller
 Sikora Darrel



Sulea Maria
 Ungeran Tara
 Wong Ca-shing





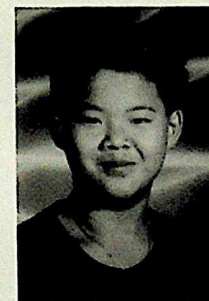
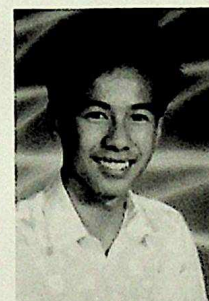
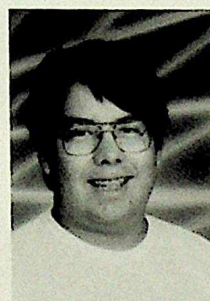
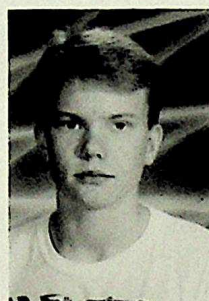
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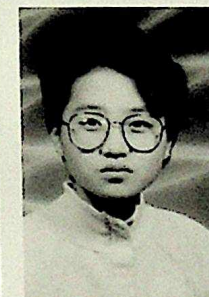
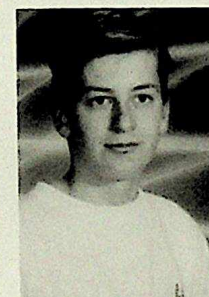
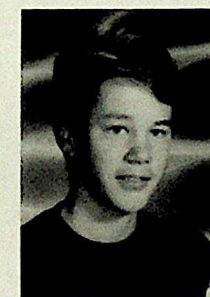
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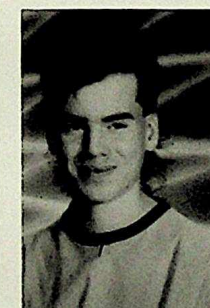
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 Lu Hien
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 Martinez Chris



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 McIntyre Christopher
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 Park Chung
 Pederson Kelly

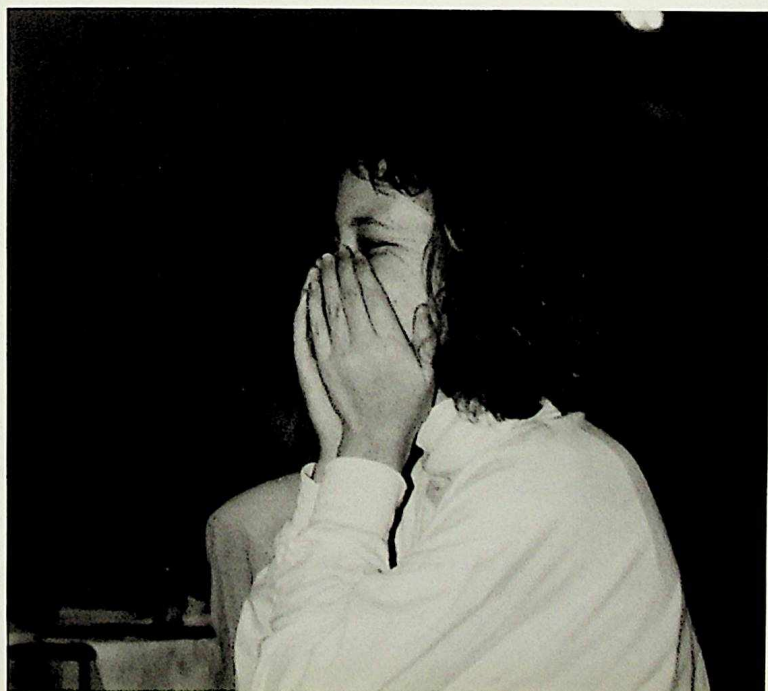
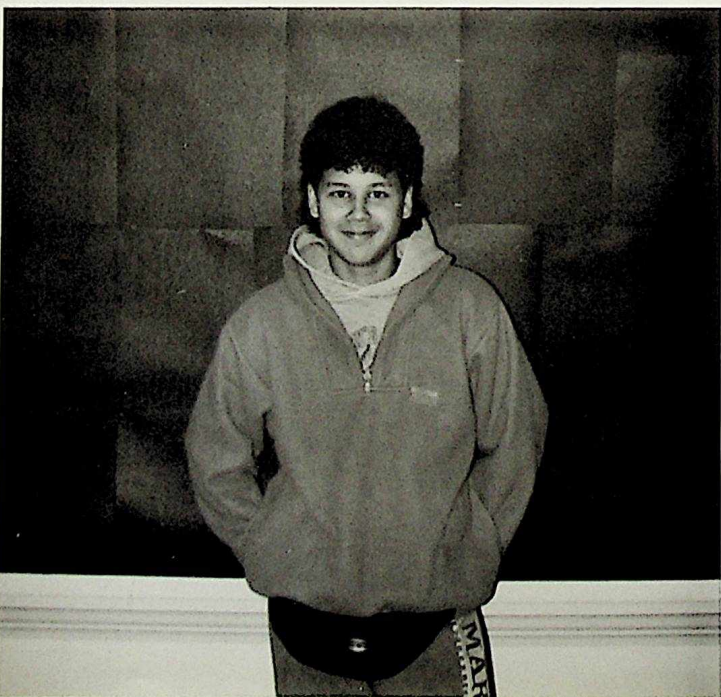
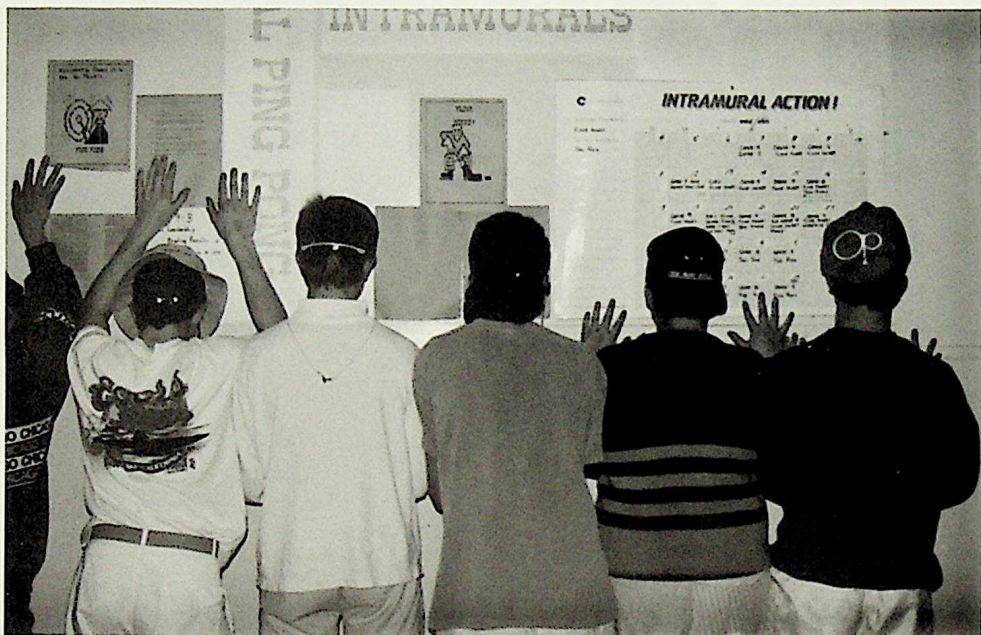
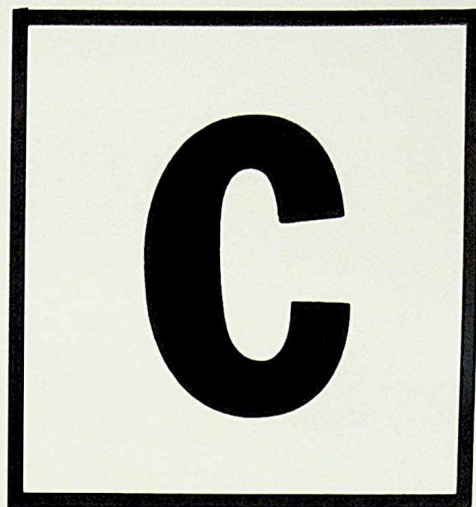


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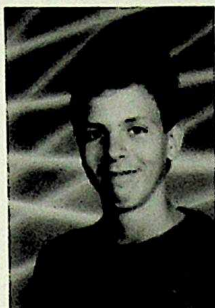


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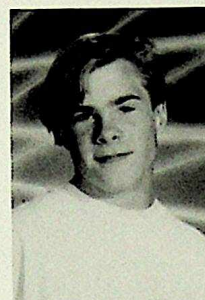




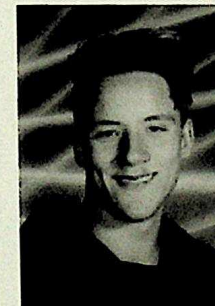
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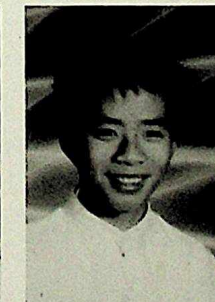
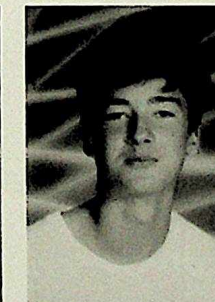
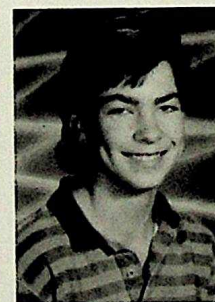
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McIntock Todd
Moell Tammy



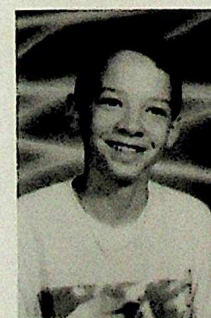
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Nguyen Giang
Pham Thao Trung
Prakash Anjaline

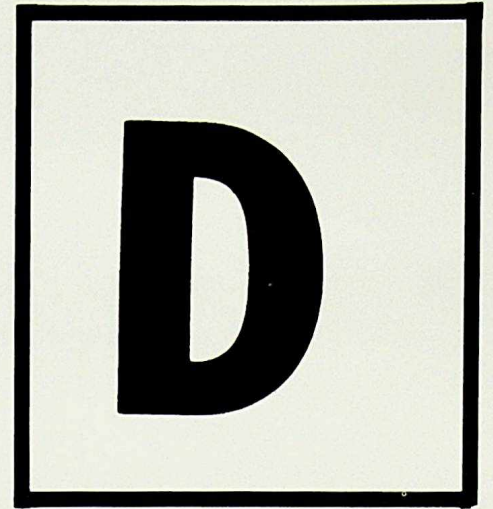
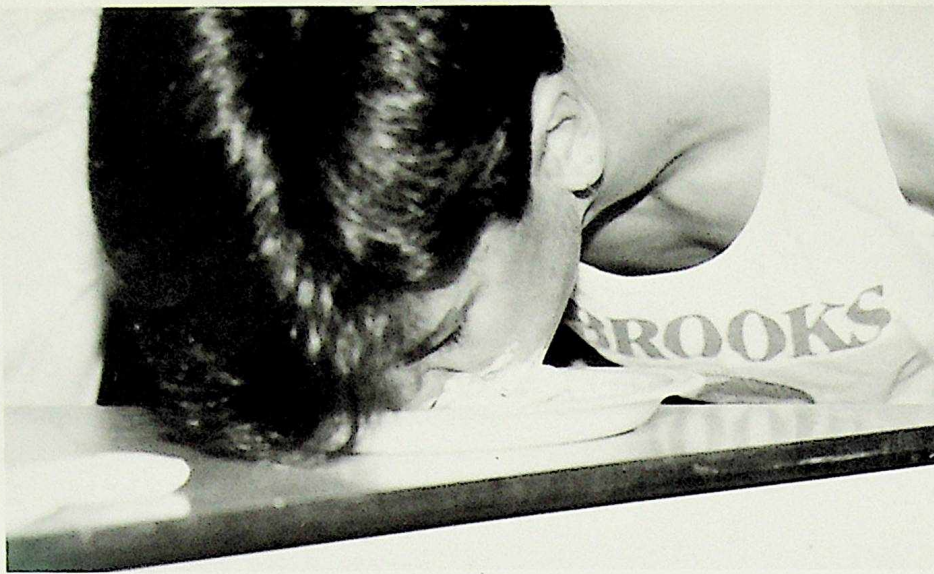


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Richardson John
Semeniuk Craig
Swiderski Yul
Tran Chan Tu

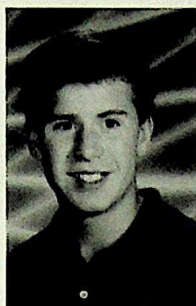
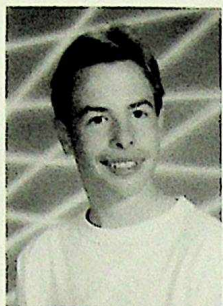


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Young Eddie

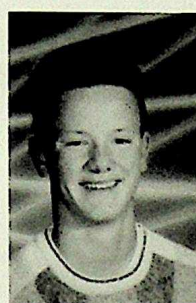
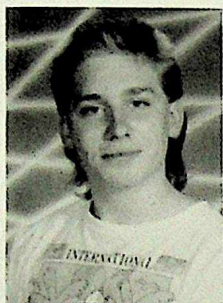




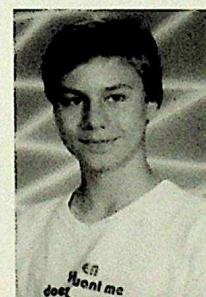
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Brar Neeru
Caines Renee
Chapin Danielle



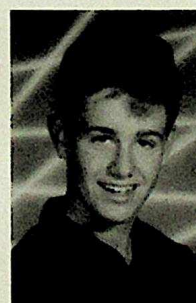
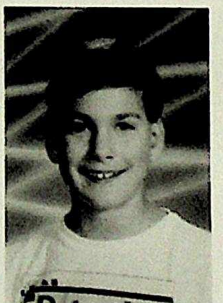
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Cordeiro Philip
Cox Jerad
Domenichelli Hnat
Doyle Stacy



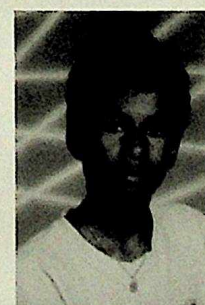
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Howarth Jason
Jackson Nonnie



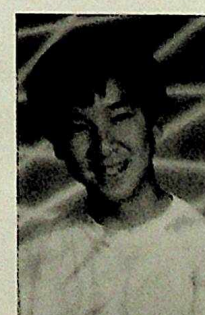
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Lavine Patrick
Lawrence Scott
Mah Sharon Joannie
Mayes Edana

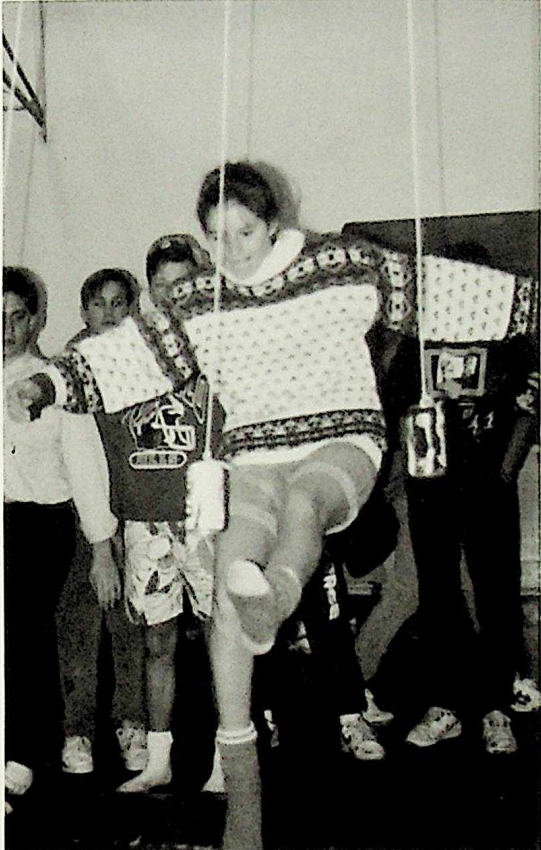
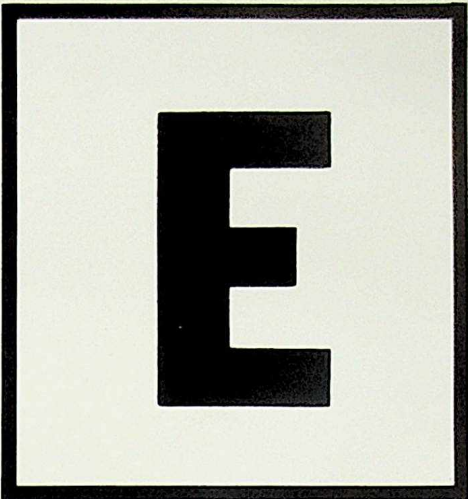


McCormack Jaclyn
Orr Angela
Oslie Sherry
Pisarchuk Landon
Prsad Raymond

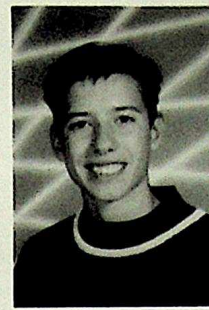


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Seto Mark Kokfai
Stewart Christina
Tran Peter
Vu Huy

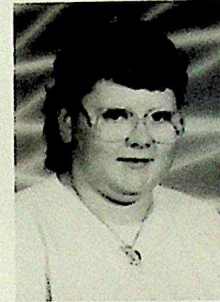
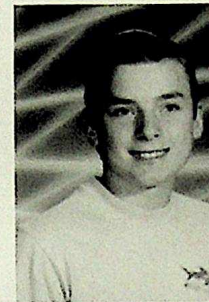
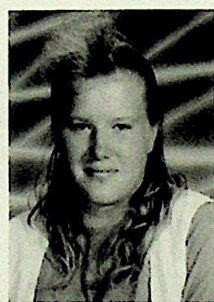




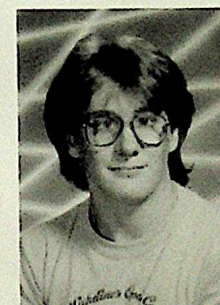
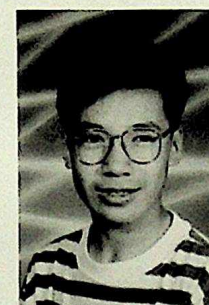
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 Aktary Mirwais
 Avery Brianna
 Bamford Scott
 Bellerose Nikki



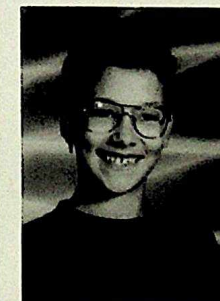
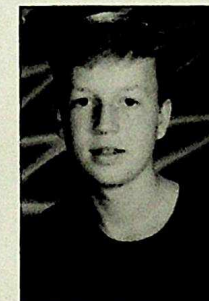
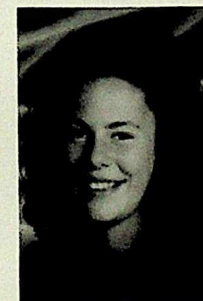
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 Cardinal Stoney
 Cummings Matthew S
 Havens Donna



Hunneman Christine
 Jones Angela
 Lega Jeremy
 Ma Ken
 Partridge Richard



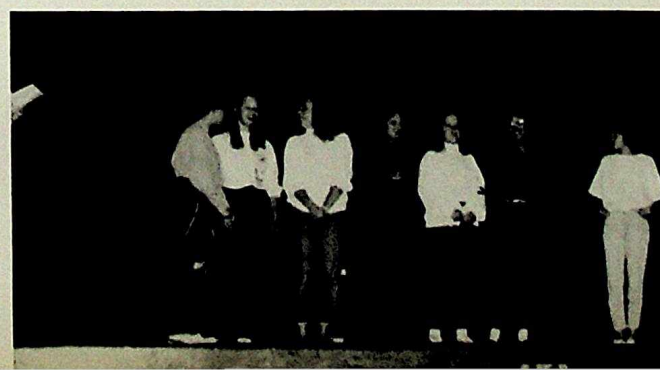
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 Samorion Shaun
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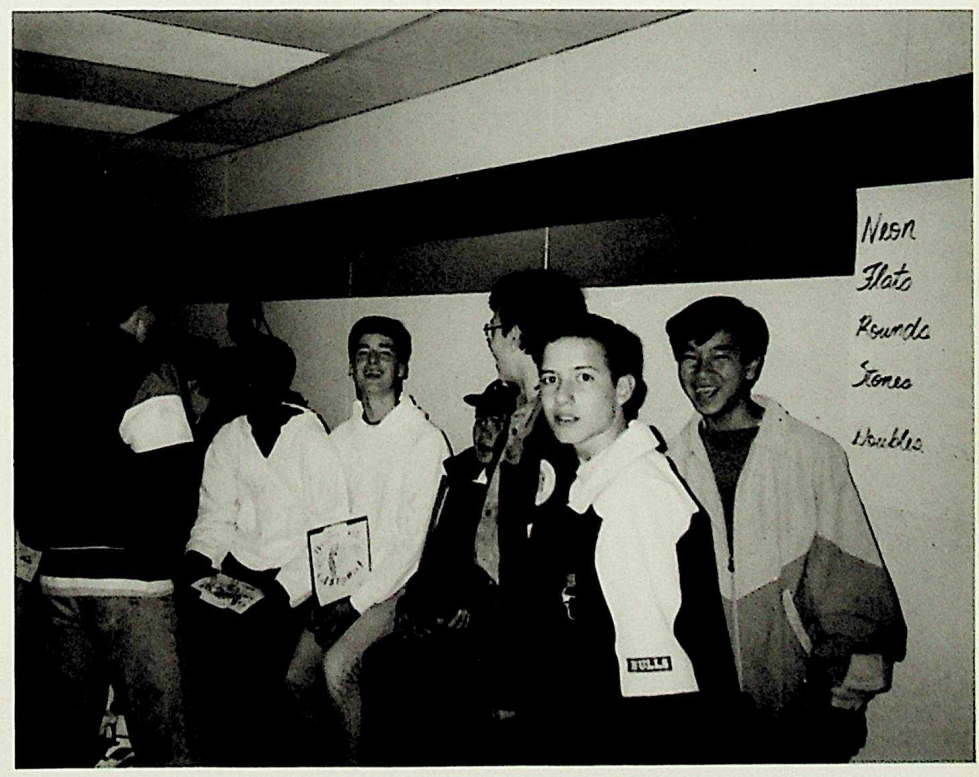
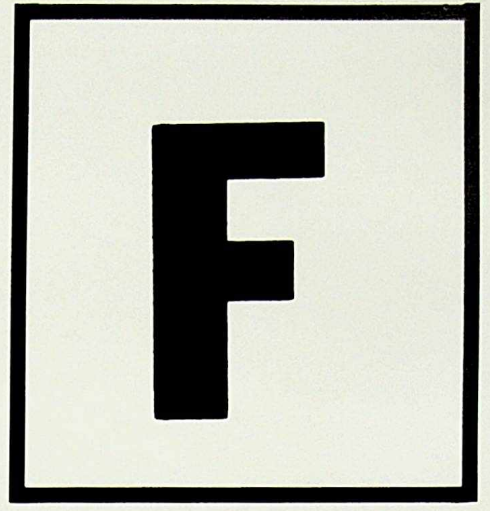


Stannard Jason
 Stenbeck Laurie
 Van Agglelen Kirsten
 Williams Sophia
 Wittmeier Jeffery M



Wood Jason
 Yee Sarah







THE PEOPLE WHO MISSED THE BUS

Smith Tamara
 Berry Weston
 Giberson Mel
 Linkiewicz Dennis
 Desjardin Brian
 Tartal Judith
 Liew Alex
 Smolander Merja

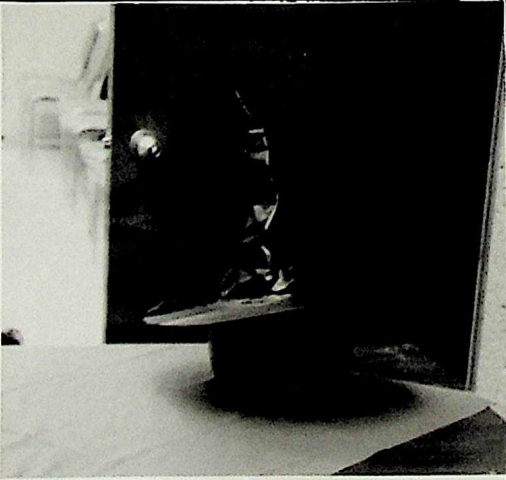
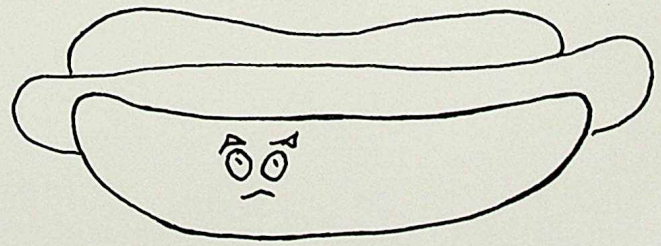
Forgas Eileen Diedre
 Kootenay Don
 Maquod Roxanne
 Letour Derek
 McIntyre Christopher
 Murray Tyree
 Roncin Jolene
 Vanamstel Craig

NICHLANDS CLUBS

'89 - '90



DON'T BE A
WEEY LIKE ME
AND GO THROUGH
LIFE NEVER KNOWING
HOW IT FEELS
LIKE TO BE IN A
CLUB





BUILDERS CLUB

A group of creative energetic, and dedicated people got together to form the, Builders' Club. This club has been meeting all year and has been responsible for decorating the school bulletin boards. (Theme boards: Easter, Christmas, Mother's Day, Birthday board,

Calendar board, etc.

SKI CLUB

The Ski Club started learning how to swish down the slopes at Rabbit Hill. After the lessons the students were ready to attack the moguls.

The Ski Club has a record number of members this year. In total there were 150 members and 12 teachers who were a part of the club. The students were fortunate to have the opportunity to go on 7 trips. They went to Red Deer, Jasper, Banff, Fernie & Nakiska. There was such a high demand that 2 trips were planned for Fernie.

Here are some of the comments from some of the members:

"Hey dudes, Ski Clubs radical." "My nose hurts (from sunburn)." "There's no mountains too big for us to conquer." "Life's not a beach, it's a mountain."

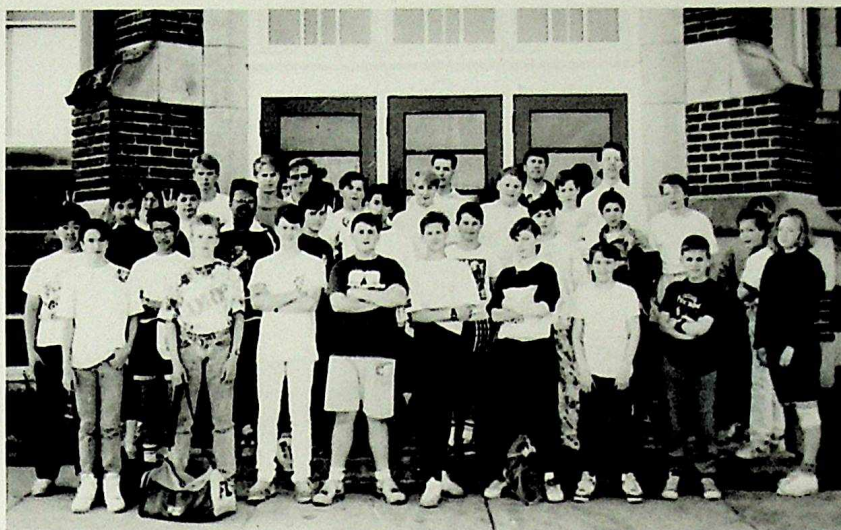
It has been a pleasure to be part of the Builder's Club this year, as it has been enjoyable to watch students who are independant, self motivated and most of all excited aout the work they were doing for the school.

This message is a special thank you to all Builder's Club Members! You did a TERRIFIC! job this year

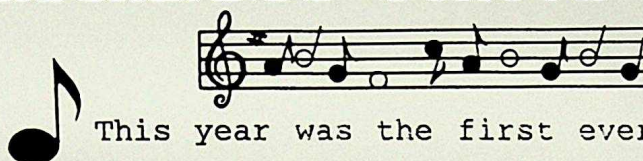


MODEL AIRPLANE AND ROCKET CLUB

This year saw the largest Model Airplane and Rocket Club ever! Ten air control line planes and twenty-five rockets were flown with varying degrees of success. By the end of a great day of aviation we had thirty five satisfied pilots including Mr. Burnett who treated us all to a most spectacular and thoroughly frightening rocket launch. Thanks to all those involved. Happy landings!



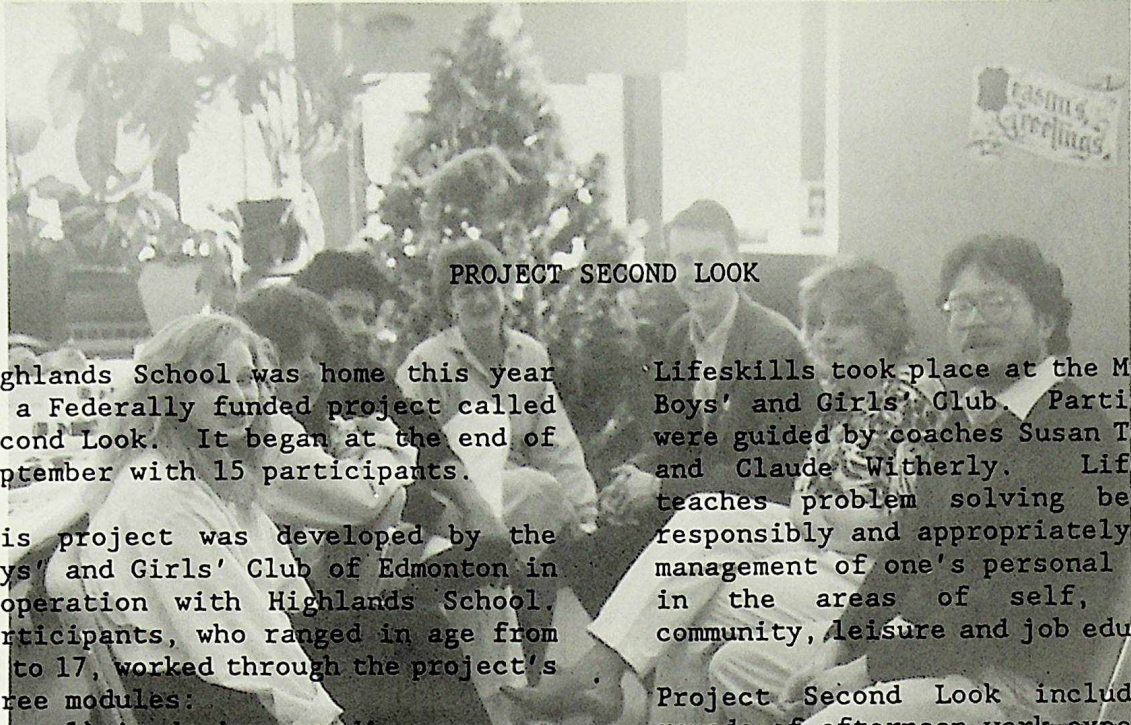
HIGHLANDS SCHOOL CHOIR



This year was the first ever debut of the Highlands' School Choir. A grand total of 14 girls and Mrs. Poznikoff turned out for the group, led by the one and only Miss Fedoruk. so far, the group has had a total of 3 confirmed gigs. Audiences at the Adopt-

A-Grandparents tea, the Highlands Open House, and at Mrs. Dorchuck's wedding have thrilled to the sounds of this talented group. But alas, the year has come to close and since there were not other gigs to sing for, the group has disbanded, their future being in limbo for the time being.





PROJECT SECOND LOOK

Highlands School was home this year to a Federally funded project called Second Look. It began at the end of September with 15 participants.

This project was developed by the Boys' and Girls' Club of Edmonton in cooperation with Highlands School. Participants, who ranged in age from 13 to 17, worked through the project's three modules:

- 1) Academic upgrading
- 2) Lifeskills
- 3) Work Study

The Academic upgrading took place in cozy room 2a in the basement of Highlands School. Teachers Susan Turnbull and Eric Burnett worked with students on individual plans. Because of the wide age range of the students, the greatest challenge of the academic module was meeting the needs of students from grades six to twelve.

Lifeskills took place at the McCauley Boys' and Girls' Club. Participants were guided by coaches Susan Turnbull and Claude Witherly. Lifeskills teaches problem solving behaviors responsibly and appropriately in the management of one's personal affairs in the areas of self, family, community, leisure and job education.

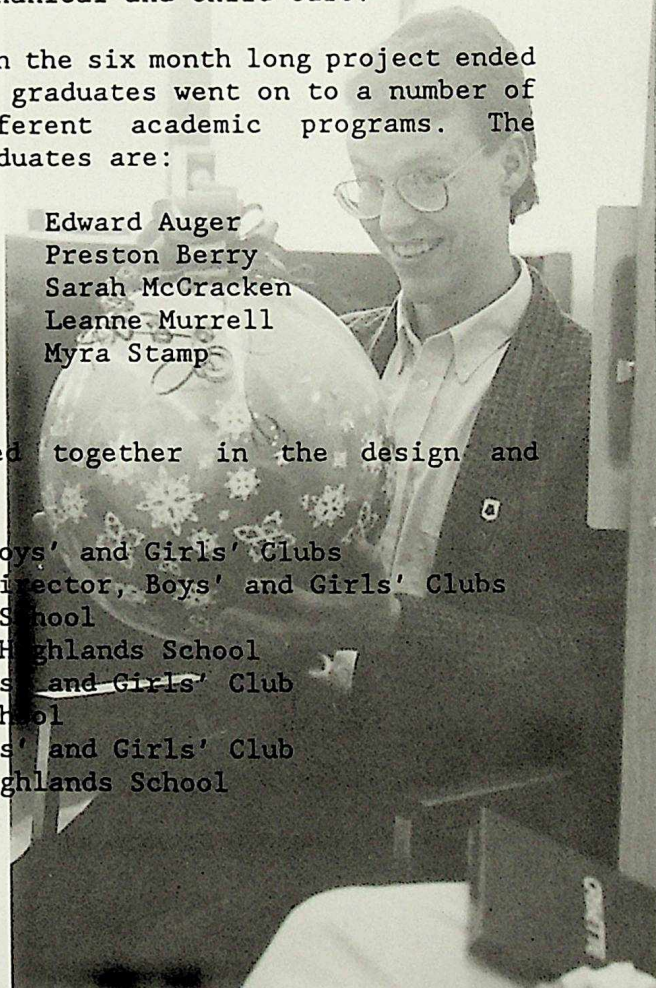
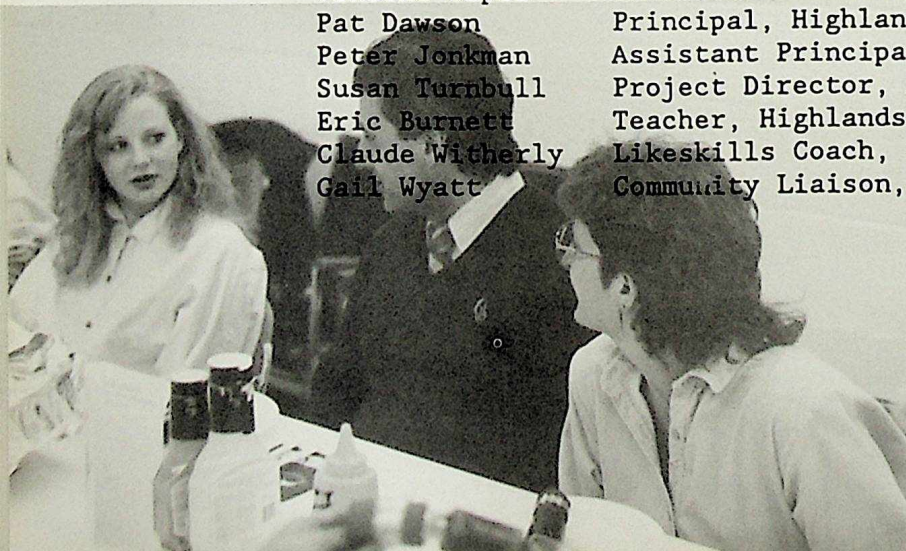
Project Second Look included two rounds of afternoon work experience. For many of the participants this was their introduction into the working world. Students worked in a variety of work placements including, secretarial, retail, industrial, mechanical and child care.

When the six month long project ended the graduates went on to a number of different academic programs. The graduates are:

Edward Auger
Preston Berry
Sarah McCracken
Leanne Murrell
Myra Stamp

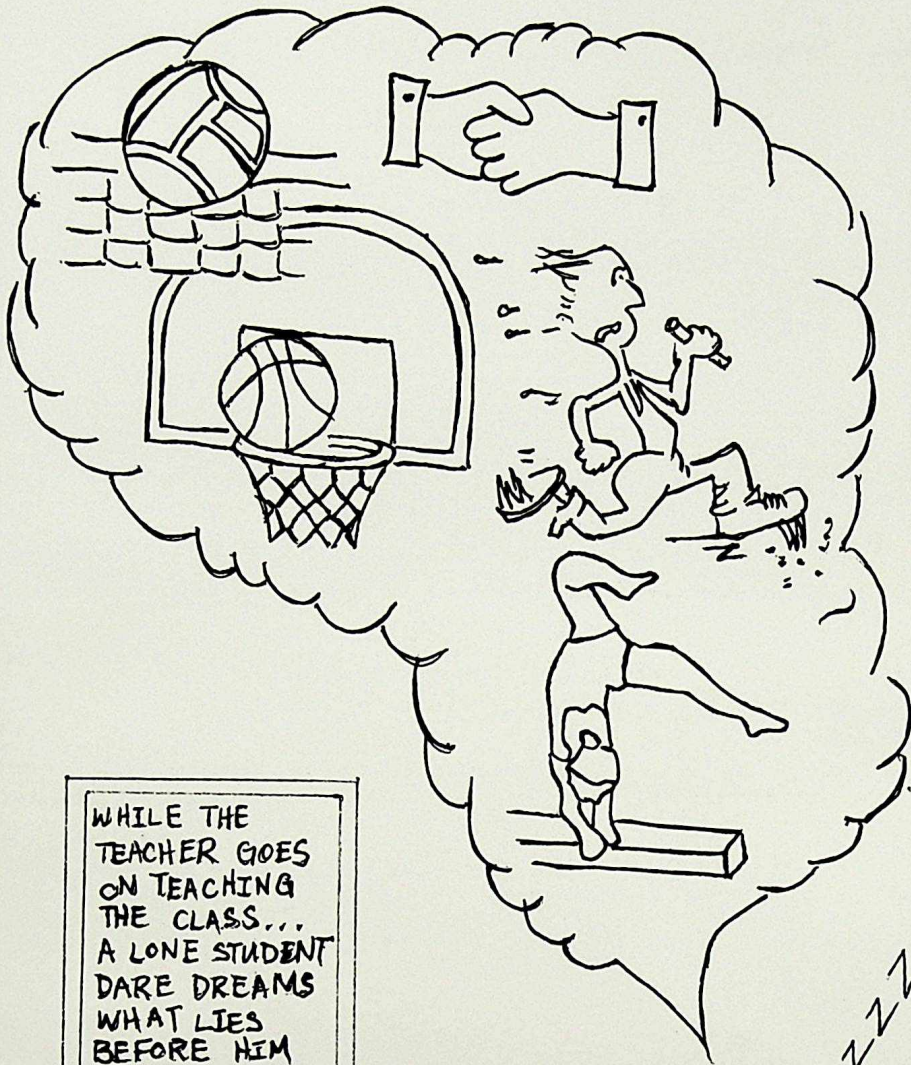
A large number of dedicated people worked together in the design and implementation of this pilot project.

Jim Taylor	Executive Director, Boys' and Girls' Clubs
Vincent Capri	Assistant Executive Director, Boys' and Girls' Clubs
Pat Dawson	Principal, Highlands School
Peter Jonkman	Assistant Principal, Highlands School
Susan Turnbull	Project Director, Boys and Girls' Club
Eric Burnett	Teacher, Highlands School
Claude Witherly	Lifeskills Coach, Boys' and Girls' Club
Gail Wyatt	Community Liaison, Highlands School



HIGHLANDS ATHLETICS

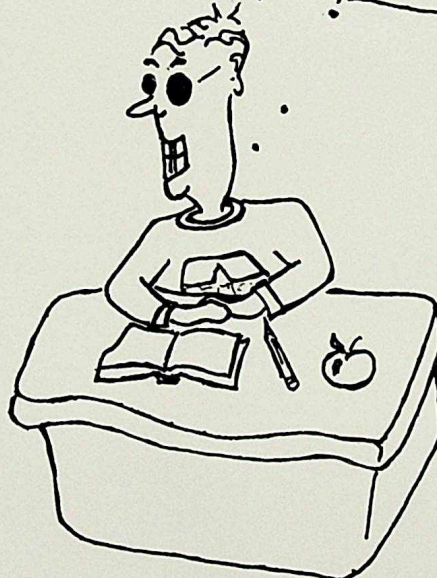
'89 - '90



WHILE THE
TEACHER GOES
ON TEACHING
THE CLASS...
A LONE STUDENT
DARE DREAMS
WHAT LIES
BEFORE HIM
AS A BONIFIED
HIGHLANDS
STUDENT.



SHE'LL NEVER
KNOW I'M SNOOZING
WITH THE GLASSES
ON. I'M SO SMART!



I broke my heart
For every gain
To taste the sweet
I faced the pain

JUNIOR GIRLS VOLLEYBALL

The Junior Girls' Volleyball team had a short, but sweet season this year. Their main opponent was Britannia and Ritchie because not too many junior highs had teams this season. In addition to the regular scheduled games, the Junior Girls' Volleyball team played in several tournaments to round off the season.



Junior Girls Volley Ball

Back row: J. Debolt, R. Druar, D. Steffler, L. Hrab, A. Manah, L. Collis, C. Sembaliuk, S. Ao, Mrs. Dorchuck, Robyn Strikwerda
Front row: M. Witts, T. Linsay, M. Bourque, K. Witts, C. Decker, K. Stankiewicz

SENIOR GIRLS VOLLEYBALL

The story of this year's Senior Girls' Volleyball team is an interesting one. As the team's coach, she puts it, "We weren't the best at the beginning. The different personalities of the players clashed and we didn't get it together. But then, everybody really pulled together and played like a team. Even though we didn't win very many games, we still went out there and had a lot of fun."

Their main opponents were: Ottwell, Ritchie, and Hardisty. They played in one tournament at the Eastglen Senior Volleyball Tournament, and placed third.

Senior Girls Volley Ball
Back row: K. Whitford, J. McCormack, C. Stewart, B. Avery, S. Mah, J. Rafford, Miss Belik
Front row: C. Grimoldby, D. Chapin, K. Danyluk, M. Horhut





SENIOR BOYS VOLLEY BALL

#1 Henry Ma
 #3 Keene Alexander
 #4 Ken Ma
 #5 Rocky Pruden
 #6 Yul Swiderski
 #7 Derek Hoffman
 #8 Hien Lu
 #9 Patrick Teghtmeyer
 #10 Darcy Yalowica
 #11 Dan Smith
 #12 Jerad Cox
 Boyd Ramanko
 Mr. Layton (Head Coach)

It was Mr. Layton's pleasure to instruct and develop the talents of the 11 individuals. As a team they performed above their potential. As their skills and their attitudes improved, games became more fun and more games were won. As their desire, determination, and their will to succeed became stronger, their skill development increased. Most matches went 5 games where spectacular plays were made by unassuming heros. It was the spectacular plays that made coaching fun during the season.

JUNIOR GIRLS BASKETBALL

top Mrs. Dorchak
left Christine Decker
Michelle Mandrusiak
Kim Witts
Mike Dorchak
front Charlene Sembaliuk
left Michelle Bourque
Hem Heng
Michelle Witts

Tara Lack (Missing)
Jody Stirrat (Missing)
Andria Vercholuk (Missing)



SENIOR BOYS BASKETBALL

Mr. Layton (Assistant Coach)
Barry Williams
Derek Hoffman
Darcy Yalowica
Yul Swiderski
Jerad Cox
Mr. Pallet (Head Coach)
Hien Lu
Adam Bozocce
Keene Alexander
James Niblock
Brad Kenchington

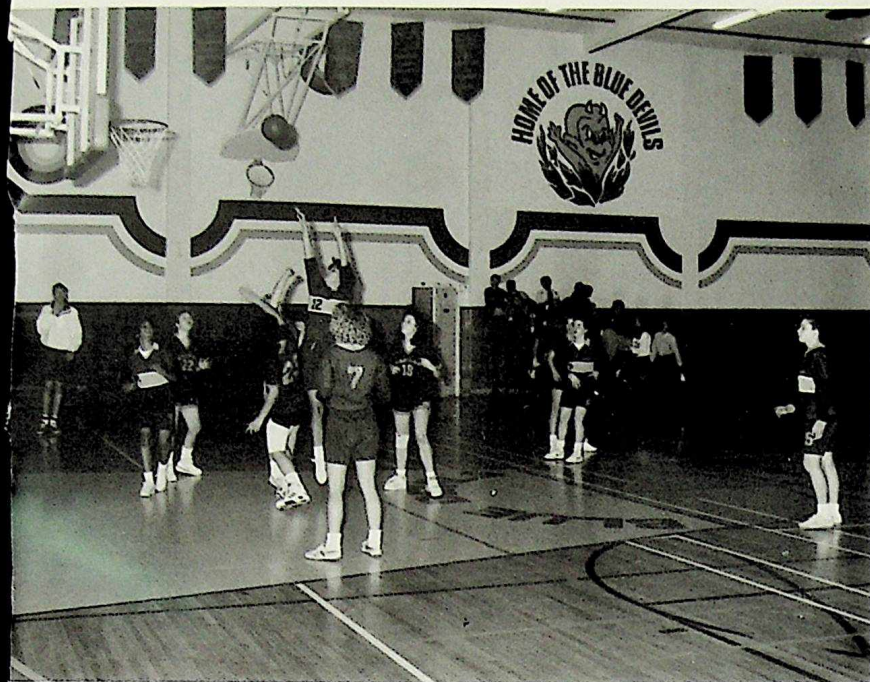


SENIOR GIRLS BASKETBALL

#3 Mel Horhut
#4 Tara Lindsay
#5 Naomi Shaw
#6 Kelsey Danyluk
#7 Tammy Moell
#8 Stacy Doyle
#9 Neeru Brar
#10 Jennifer Rafford
#11 Candy Christansen
#12 Christine Hoffestede

Mr. Geldard (Head Coach)
Mr. Burnett (Assistant Coach)





JUNIOR GIRLS BASKETBALL

The Junior Girls' Basketball season was successful and enjoyable under the direction of Mike Dorchak. One highlight of a tournament at Rosslynn was Kim Witts scoring on our basket. It was a great year and the girls will be ready to take on the Senior next year.

SENIOR BOYS BASKETBALL

The Senior Boys' Basketball team had another successful season thanks to hard work and dedication. Although the team got off to a slow start, they improved immensely finishing third in their division. Complementing their regular season play, the team brought home the gold medal at the Eastglen Tournament as well as fourth place finish at the McNally Tournament.

This group of players should be remembered for their determination and commitment to each other and to the team concept. Their record of 22-12 was the best winning basketball record for sometime. Unfortunately losses brought the season to a close in the zone playoffs. These players have initiated a winning basketball tradition which will continue in the future.



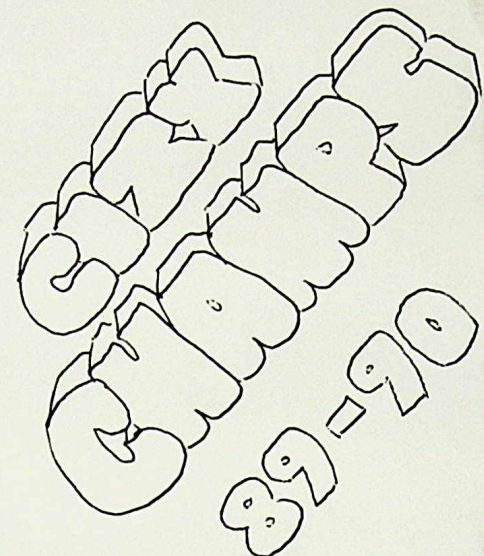
SENIOR GIRLS BASKETBALL

Playing on a team requires much more than having a certain degree of skill. It requires the ability to give of oneself for the betterment of the team. A team can be much more than the simple sum of its parts and our Highlands Senior Girls's Basketballs team proved how a great deal can be accomplished through team play. Although defeated in the playoffs, the girl's perhaps showed their best in tournament play where they came in second at the Eastglen Invitational.

I would personally like to thank all those players who tried so hard for "The team". I hope you were all as rewarded as I was.



J.F. Geldart, Mr. Burnett



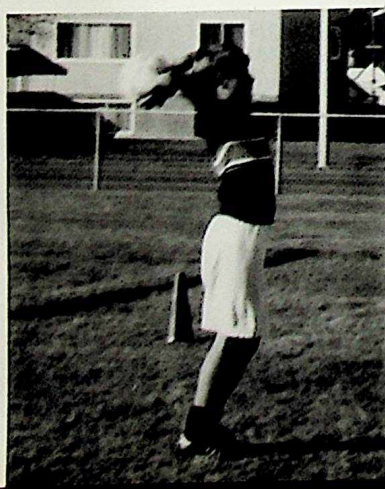
SOCCKER TEAM

Mr. Lowry (Assistant Coach)
 Jerad Cox
 Scott Hearn
 Ian Mohammed
 Rob Herring
 Bobbie Gurthie
 David Chhan
 Jayme Cox
 Mr. Biggs (Head Coach)
 Richard Ly
 Hien Lu
 Chris Horz
 Darren Gurthie
 Mirwais Aktary
 Trung La
 Thao Pham
 Brad Kenchington



THE HIGHLANDS SOCCER TEAM

This year the Highlands soccer team went the entire season undefeated. The city final game was against Dan Knott Junior High and Highlands played the best game of the season to defeat them 4-1. I was very happy with the way all the players conducted themselves not only in the city final game but throughout the season. This group was very receptive to the strategies presented and their willingness to improve along with their fun loving attitude made the team a pleasure to coach.





HIGHLANDS CHEERLEADERS

Definition of a "cheerleader": hard work, commitment, team spirit and dedication. The cheerleaders spent lots of hours practising and perfecting routines all year. Their season started in September and went through till the beginning of June. They performed at home games, Pep Rallies, Grandparents' Tea, Open House, Highlands' Fair and at several competitions. The highlight of their competitive season was when they placed first at our own Highlands Annual which was televised on Shaw Cable. The coaching team is extremely proud of all their accomplishments.

A. Mah, G. Mah, E. Mah



HIGHLANDS CHEERLEADING TEAM

V. Benson S. Cook
T. Splawinski, R. Elaschuk S. Miller
K. Philpot, L. Edgar
C. Chyz

S. McEwan, B. McNeill
N. Zahordniuk, S. Sopher
T. Elund, S. Kozey



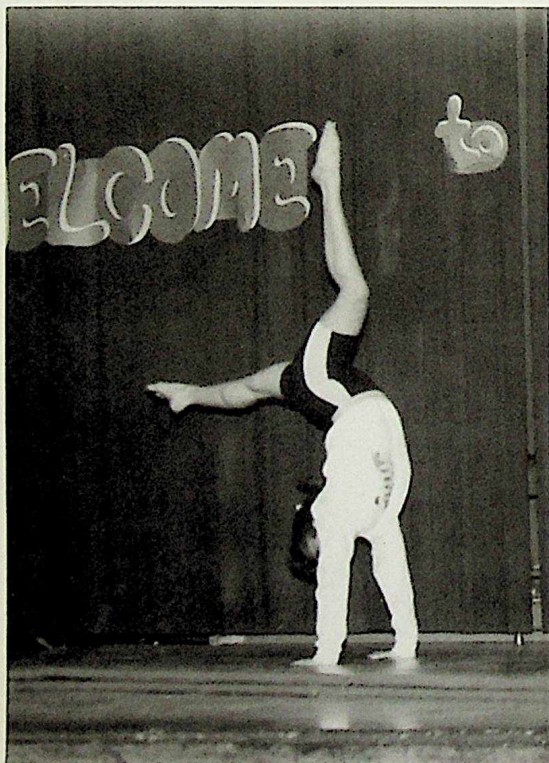
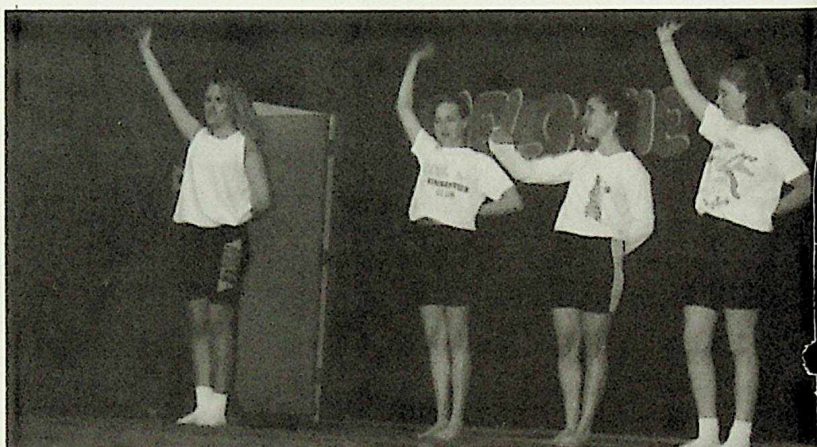


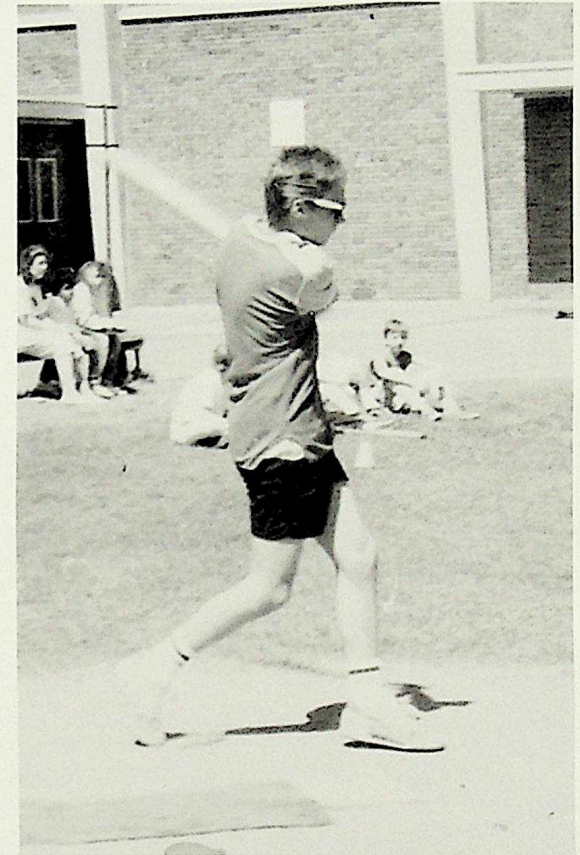
1990 HIGHLANDS GYMNASTIC TEAM

Our gymnastic season came to a close this year with the City Final Meet at the University of Alberta on March 18, 1990. All gymnasts did extremely well and we managed to bring home 8 medals and 5 ribbons. Thank you for all your hard work and dedication. Congratulations, girls on a fine season. See you next year!

Left picture:

back row: Mrs. Vansickle (coach), Sarah Coulson, Kim Witts, Mrs. Halliwell (coach)
front row: Kerri Stankiewicz, Tamara Rae, Cathy Abramson, Shelly McAra



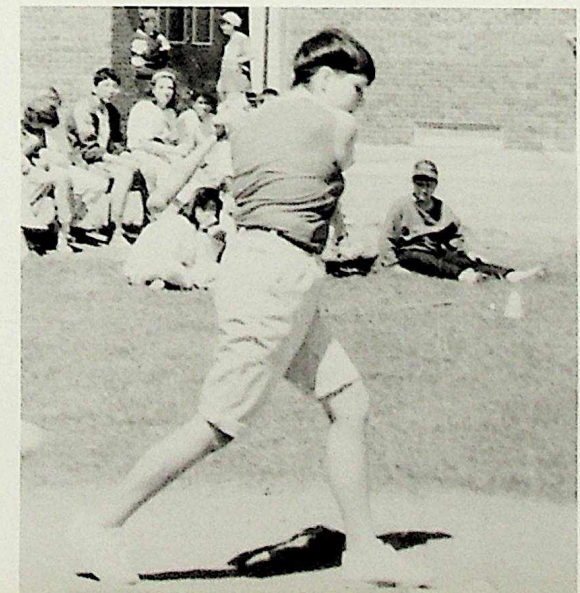


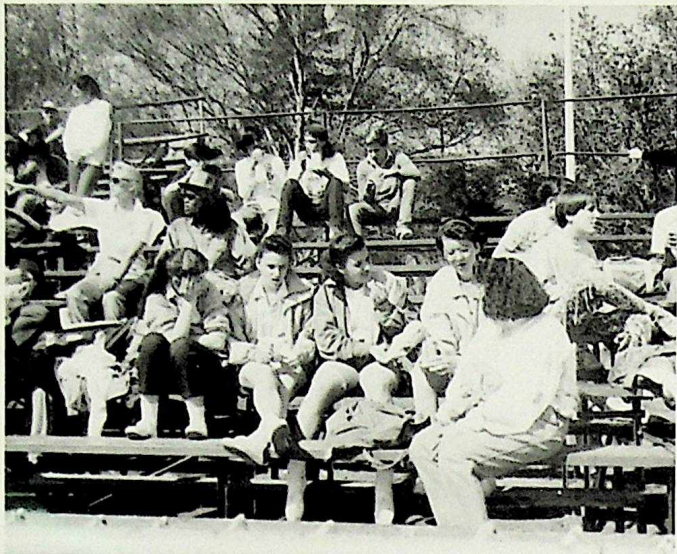
BASEBALL

Clayton Molloy
 Jason Stannard
 Shaun Samoridny
 Yul Swiderski
 Darcy Yalowica
 Terry Reutow
 Micheal Miller
 Ravinder Grewal
 Hnat Domenichelli
 Kim Mahaden
 Danielle Chapin
 Naomi Shaw
 Kelsey Danyluk
 Amanda Sopher

Mr. Layton (Head Coach)
 Mr. Lowry (Assistant
 Coach)

The mixed baseball team of 9 boys and 5 girls played excellently and were proud examples of sportsmanship. They came in 3rd in the City League and first place in the zones. They were able to defeat the teachers in a friendly baseball game (11-8) with timely hitting. Mr. Layton was extremely proud of the achievement and the skill development of each individual on the team.





1990 TRACK AND FIELD CITY RESULTS

Jr. Boys Hurdles
Sr. boys 400m Relay

Coedy Seto, 6th
Derek Hoffman, 4th
Thao Pham
Trung La

Jr. Boys 1500m
Sr. Boys 1500m
Sr. Boys 200m
Jr. Girls 200m

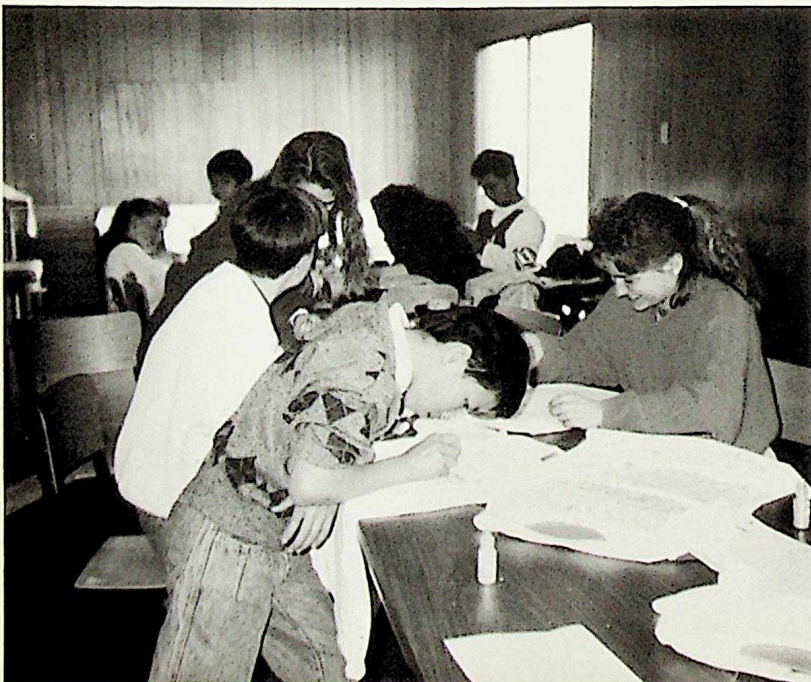
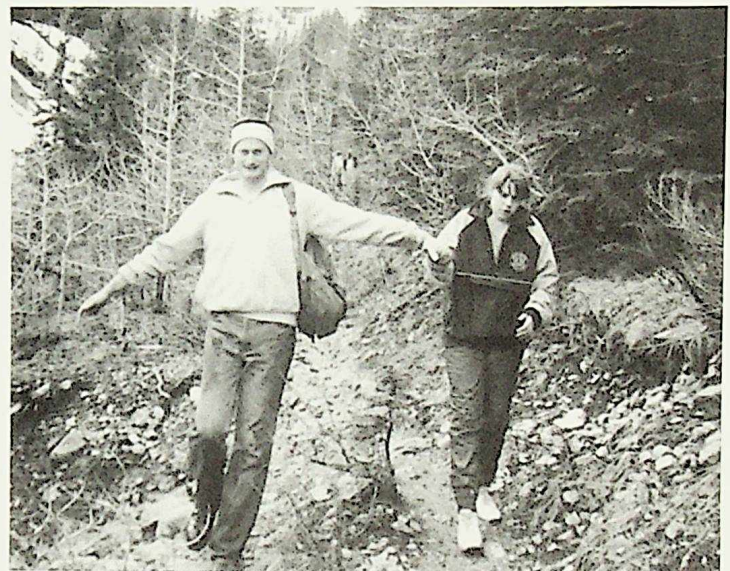
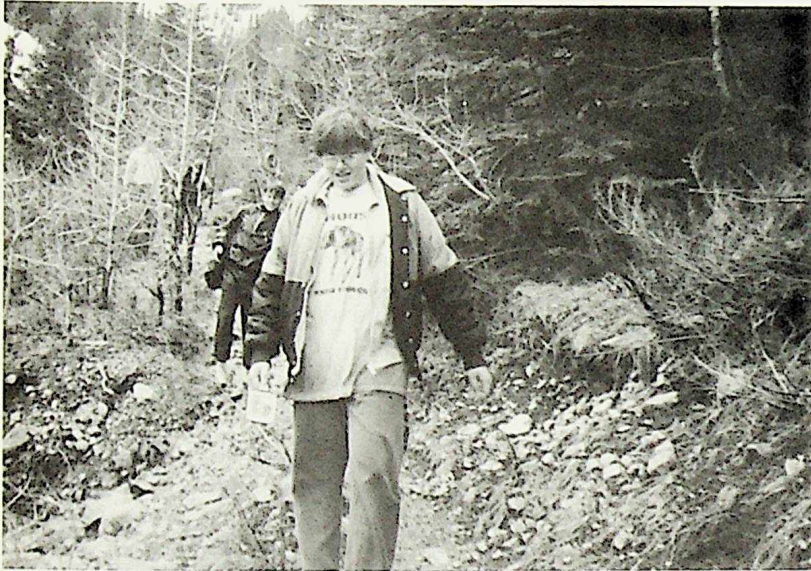
Mirwais Aktary
Kiley Geddy, 7th
Scott Bamford, 3rd
Mirwais Aktary, 2nd
Jayme Cox, 1st

Jr. Boys 800m
Jr. Boys 100m
Sr. Boys 100m
Intermediate Girls High Jump
Sr. Girls High Jump
Jr. Boys Long Jump
Jr. Boys Triple Jump
Sr. Boys Shotput
Inter Girls Shotput

Ameara Manah, 2nd
Patrick Heard, 3rd
Kenneth Headley, 1st
Mirwais Aktary, 1st
Christine Hofstede, 1st
Nonnie Jackson, 4th
Kenneth Headley, 2nd
Peter Mawson, 3rd
Ian Mohammed, 6th
Mel Horhut, 1st





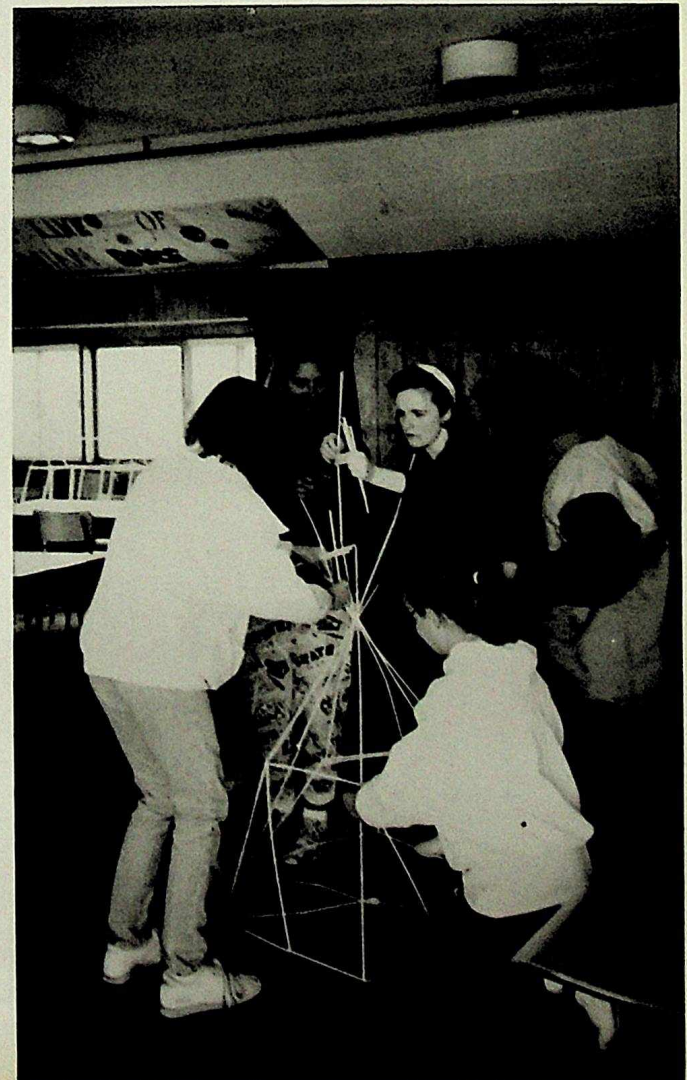
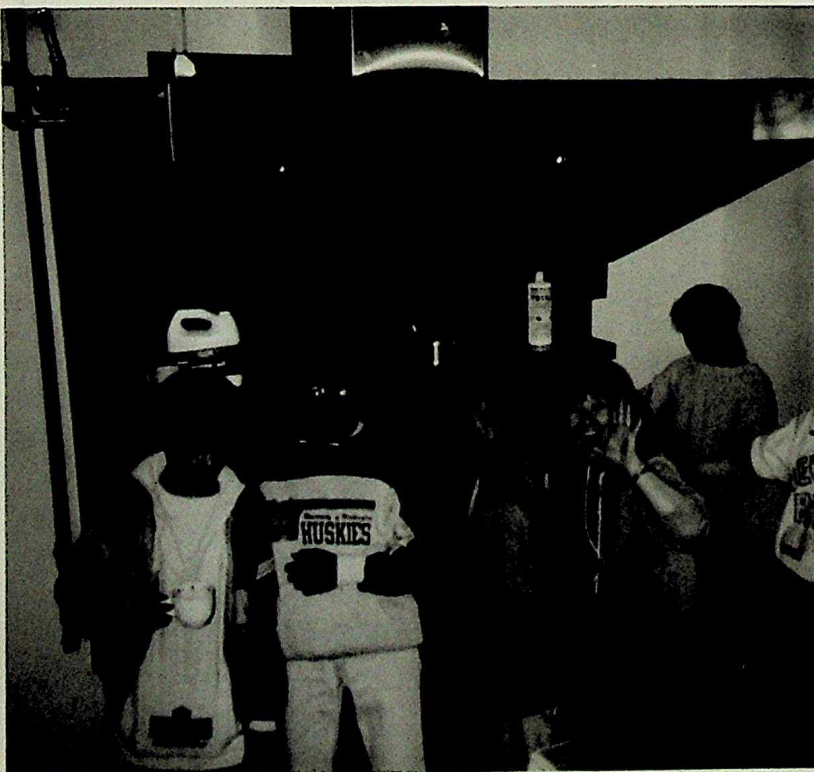
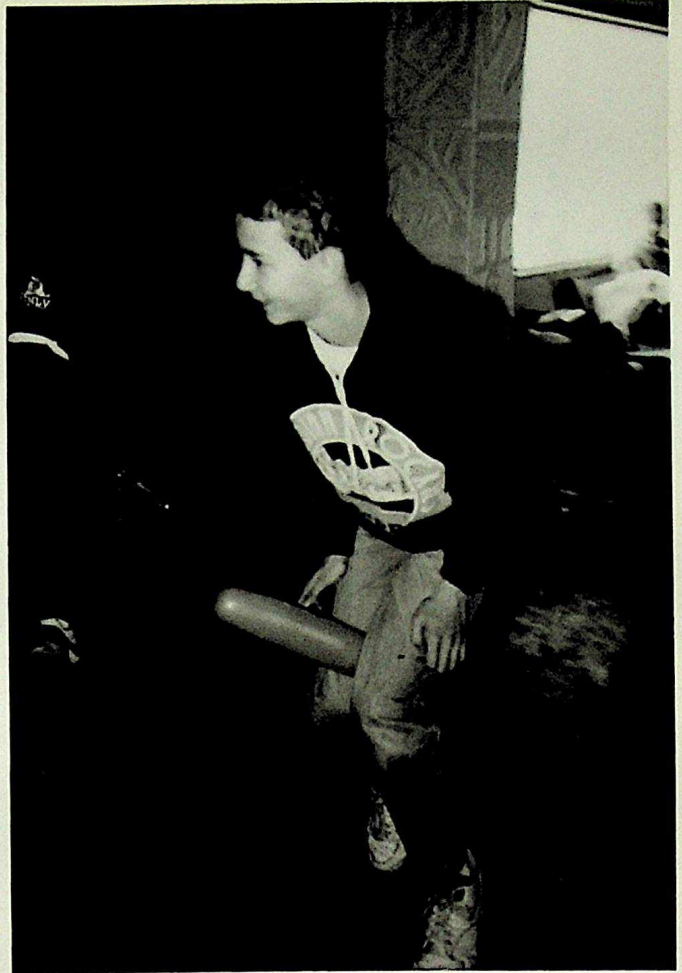


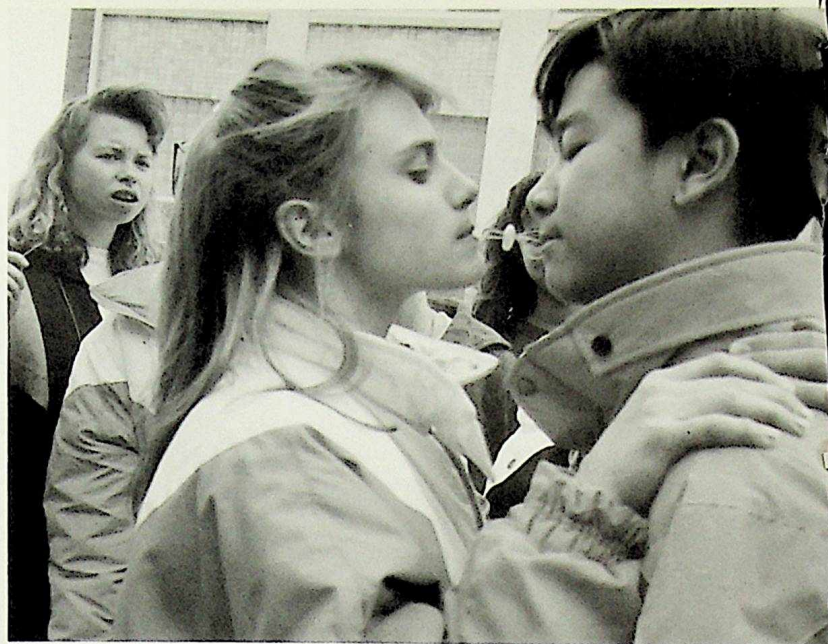
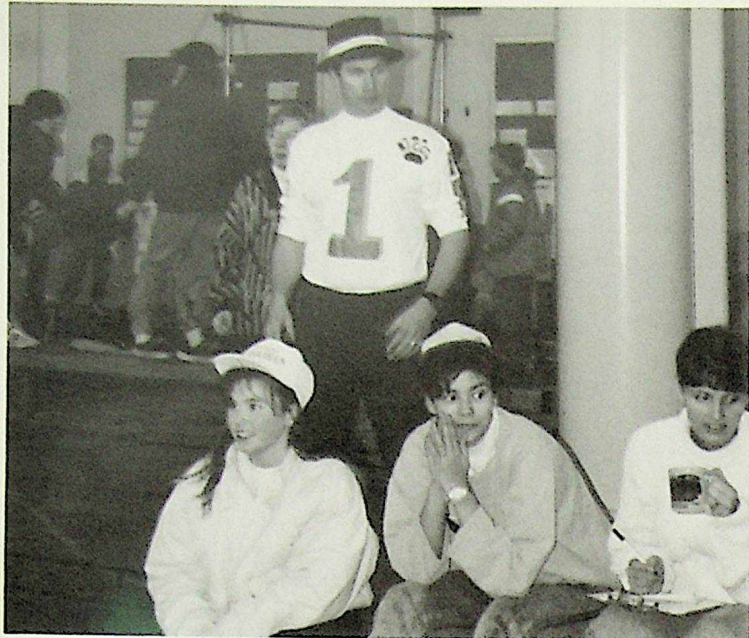
HIGHLANDS GOES TO CAMP

Highlands students are fortunate to have so many opportunities to go camping. Many of which are organized by Mr. Pallet and his Phys. Ed. Leadership students. Inspite of the wet weather at Cadomin the grade 8 Outdoor Ed. students had a great time.

The French Department also put together an immersion trip out to Pigeon Lake. Mrs. Mah and Miss Bailey found their hidden talents in singing (no, they're not quitting their day jobs). 36 students from Highlands participated and had a wonderful experience.

Special thanks to Christina Martinez, Mr. Lelacheur, Mr. Geldart, Mr. Ehrenholz and Mrs. Hui.





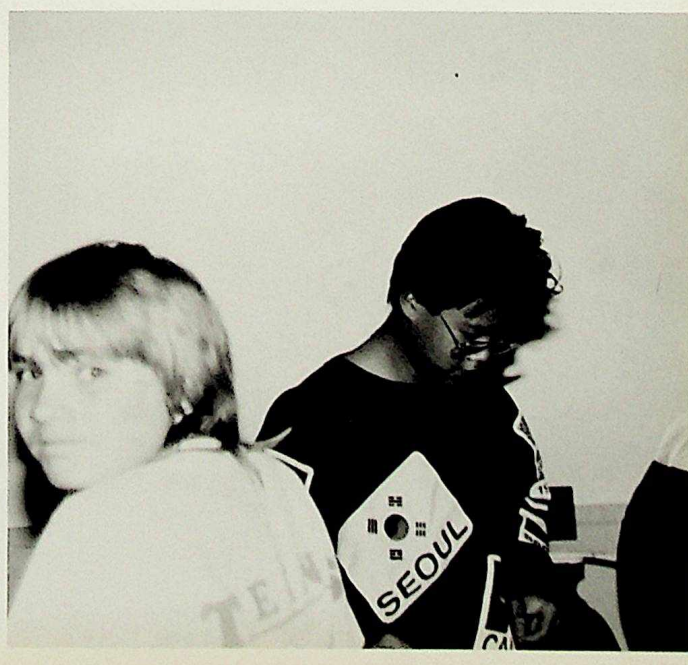
MUK LUK DAY - 1990

This year Muk Luk Day seemed to spawn even more competition and rivalry between home rooms than ever. Mr. Biggs' 8B and Mr. Geldarts' 9C had an all out verbal warfare over the morning and afternoon announcements. There were many challenges and insult traded between the two classes, which caused them both to forget about the rest of us home rooms. Of course, that only made us more determined to win. You could hear each class yelling and screaming at each other from across the field. It is only safe to say that 9C and 8B did not win (they came in very respectable second and third places); 8A took first place in eighth grade and were the overall winners of Muk Luk.

Among this year's events were the Egg Toss, Kick-the-Can, Bean Bag Relay, Can Stacking, and numerous rest stops, and everybody's favourite event, the life Saver Relay. I heard lots of kids (including myself) complain about the LS Relay, but even so, I don't think they'll take it out of next year's Muk Luk (Older people enjoy seeing us squirm). The only disappointing part about this year's Muk Luk was when Mr. Dawson announced that there might not be Muk Luk next year because of this year's lack of attendance. Personally, I think that taking out Muk Luk would be a big downer; we need something like this during the winter months to keep us from burning out. Muk Luk is fun and I hope the tradition carries on.



Home Coming





PRESIDENT'S MESSAGE

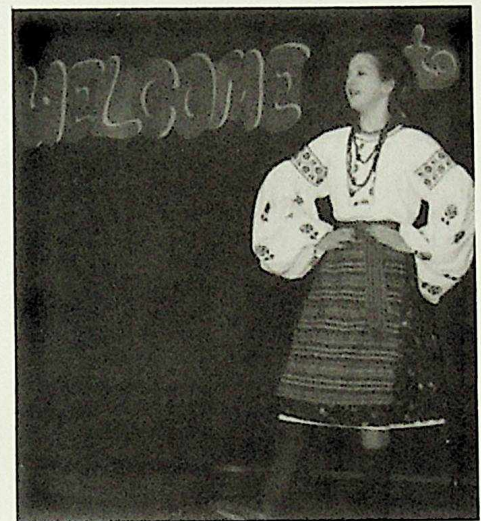
Being president this year has really helped me mature a lot. I had a chance to associate with more people and help out as best as I could the school. The Celebration Committee have worked hard all year with the fund raisers to make our celebration a success. Our dances were a great success too. We were able to raise more money for Santa's Anonymous at our Christmas dance, than ever before. Muk Luk and Hog days were a lot of fun, thanks to the parents who helped out.

We also donated our money from our sock-hop in February to the Children's Hospital. The magazine campaign did wonders to arouse our class spirits. Don't forget our spirit plaques which Kerrie Hinderks took care of this year.

Ryan Barkway and I also attended a Junior High Drug Conference in November. We came back to talk to our classmates about alcohol and drug abuse.

This has been a wonderful year for the council and the school. Good luck and the best to next year's council.

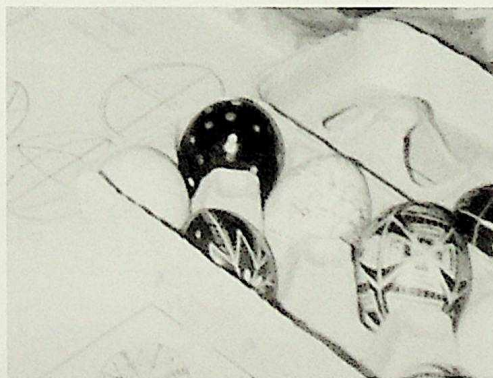
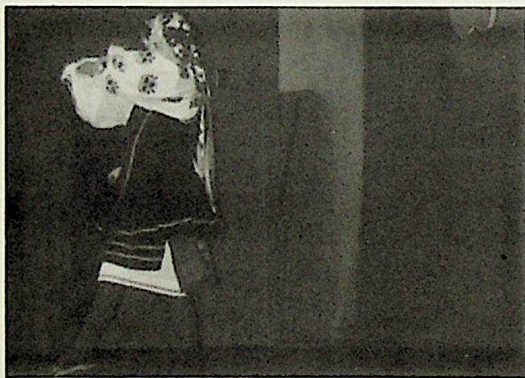
Crystal Grimoldby



UKRAINIAN CLASS

For the past 15 years, it has been a tradition at Highlands to start decorating the "Pysanka" or Easter Eggs about a month before Easter. Many students have beautiful "Pysanky" from their days at Highlands.

It has also become a tradition to present the nicest "Pysanka" done by a student to the Principal. Mr. Jaque and Mr. Dawson have a few by now. This year the Ukrainian class (or rather Robyn Elashchure) presented a "Pysanka" to our Honourary Ukrainian, Mr. Geldart. (Mr. Geldart is marrying Miss Debbie Fedorak this summer in a traditional Ukrainian ceremony). The students sang "Mnohaja lita" - (many happy years together) - and had a fun time dancing and a delicious dinner was part of our New Years Dinner in January attended by many teachers, parents & all students.



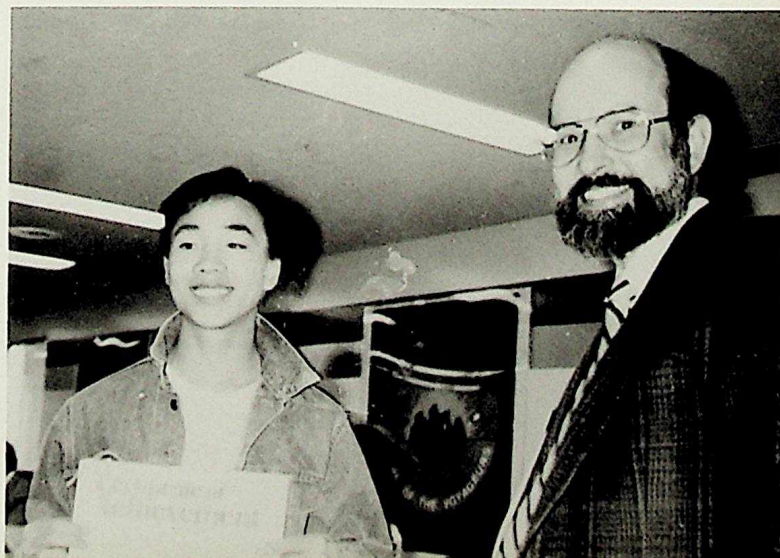
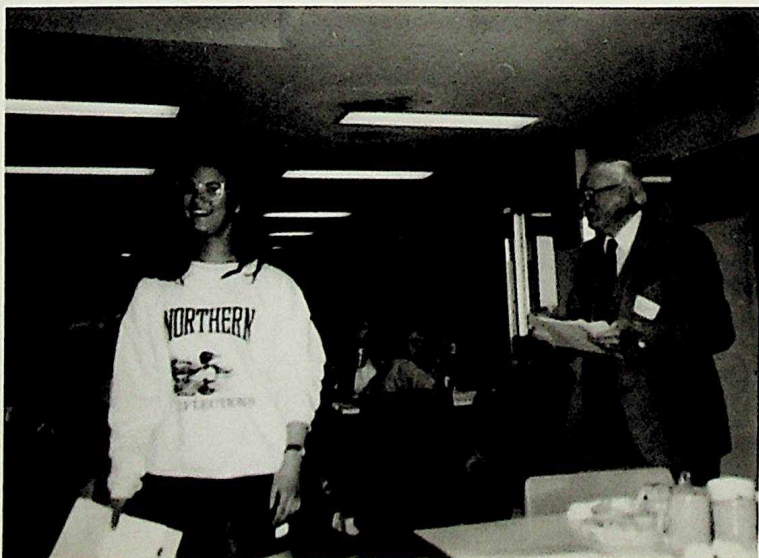
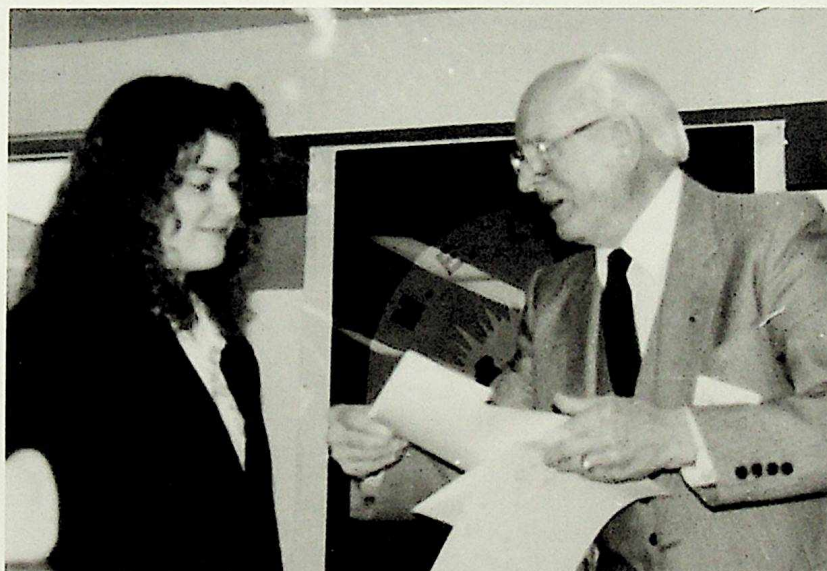


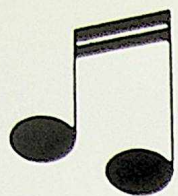
THE FIVE STRANDS GET IT TOGETHER MAY 1, 1990

A language arts conference for grade niners? It's a first! And it happened this year for the students of Highlands, Ottewell and Lawton.

Spearheaded by Mrs. G. Vansickle from Highlands School, Mrs. S. Shortt from Ottewell, and Mr. D. Darling from Lawton, and sponsored by the Kiwanis Club, over 450 grade nine students descended upon M.E. Lazerte High School for a day of listening, learning and laughing. Twenty-five speakers in

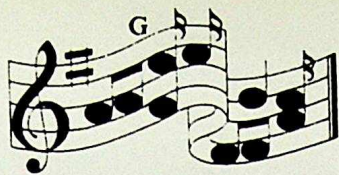
forty-five sessions taught the students the importance of good communication. Academic achievement in language arts was also recognized; among the winners from Highlands School were the following: Brianna Avery, Ken Ma, Kirsten Van Aggelen, Mir Aktary, Sean Chiney ry, David Chhan, Chung Park, Daryl Sikora, and Shannon Wilkinson.



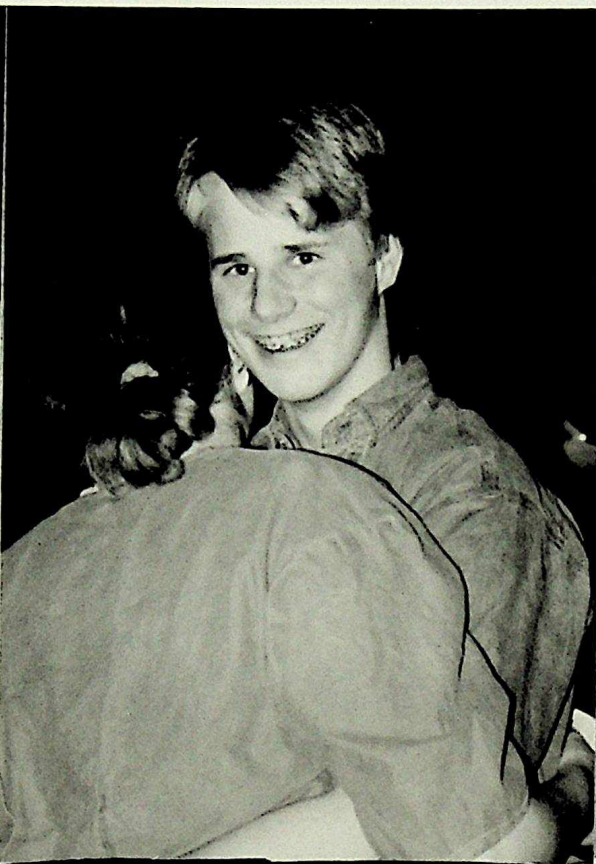


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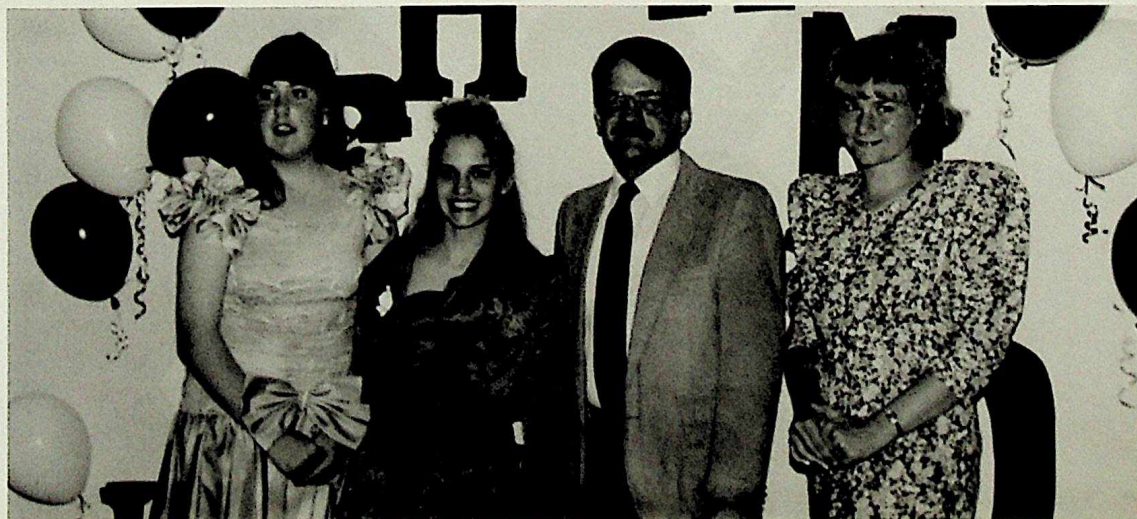
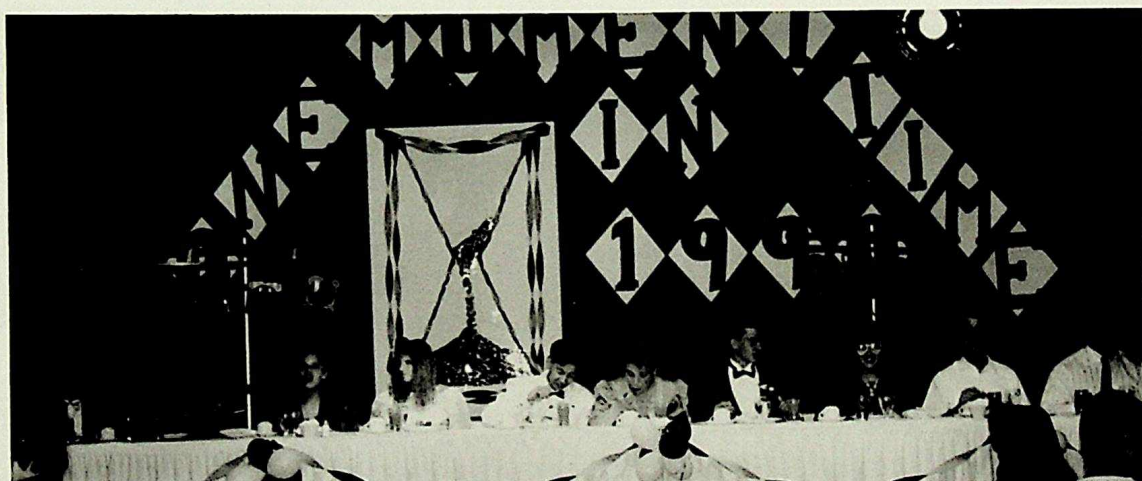
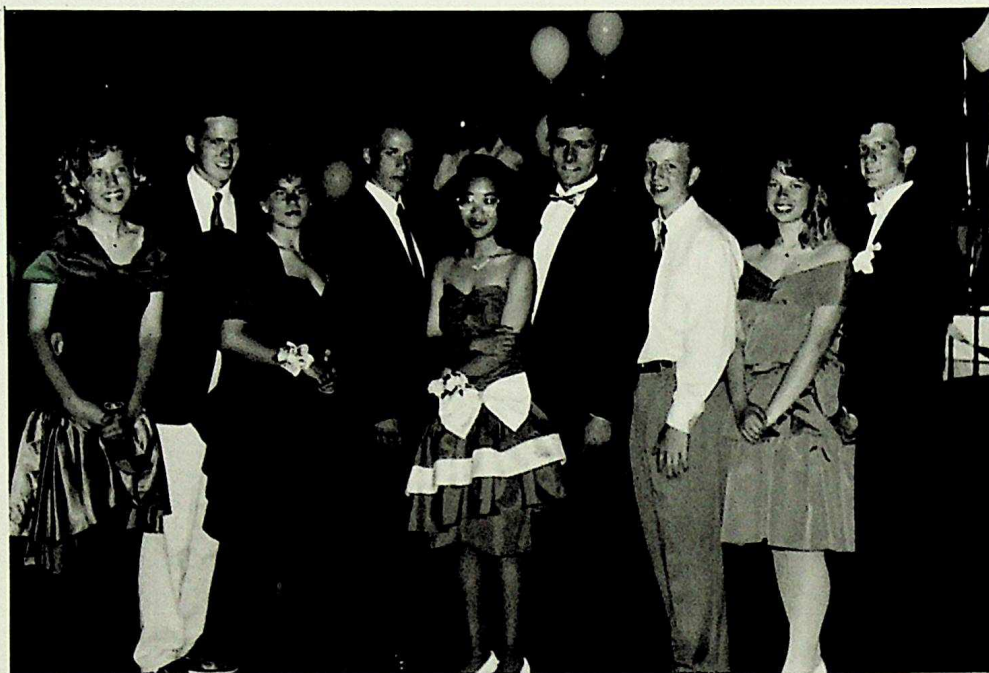


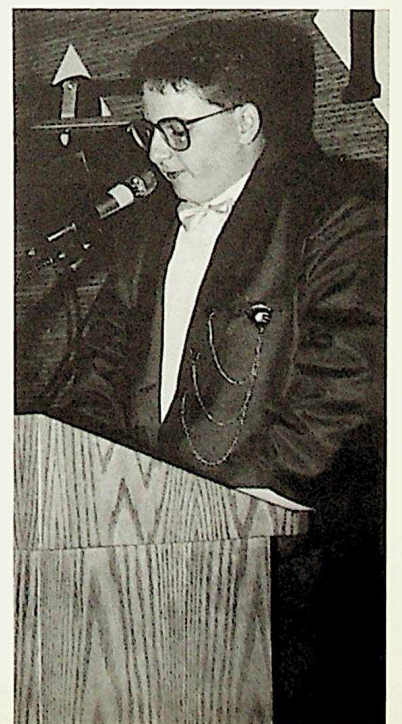
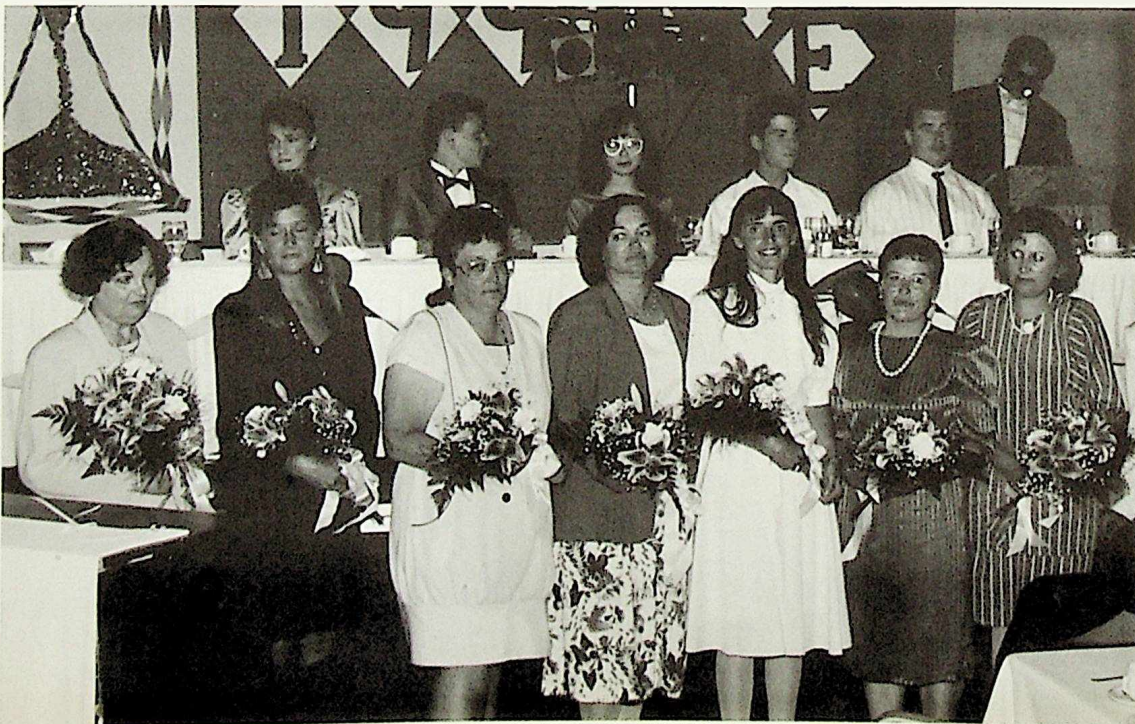
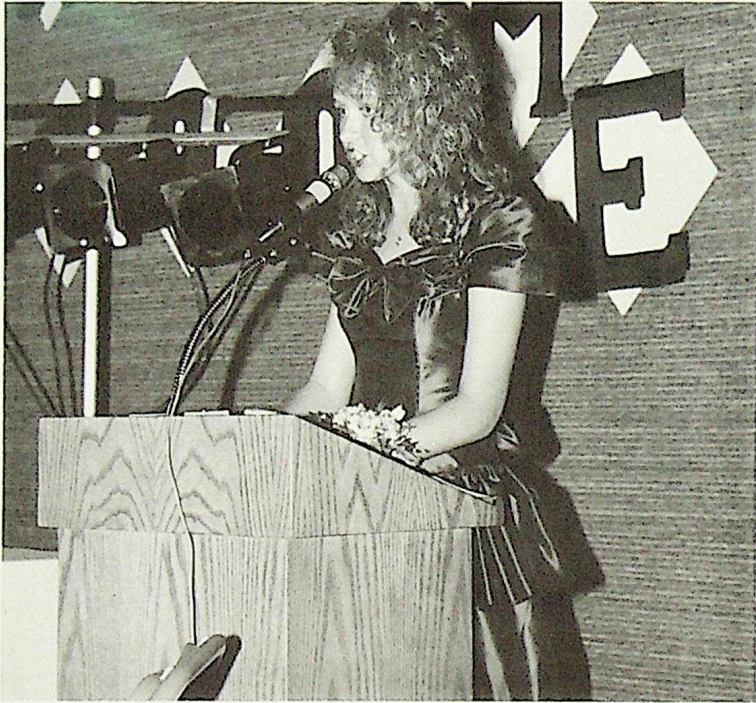


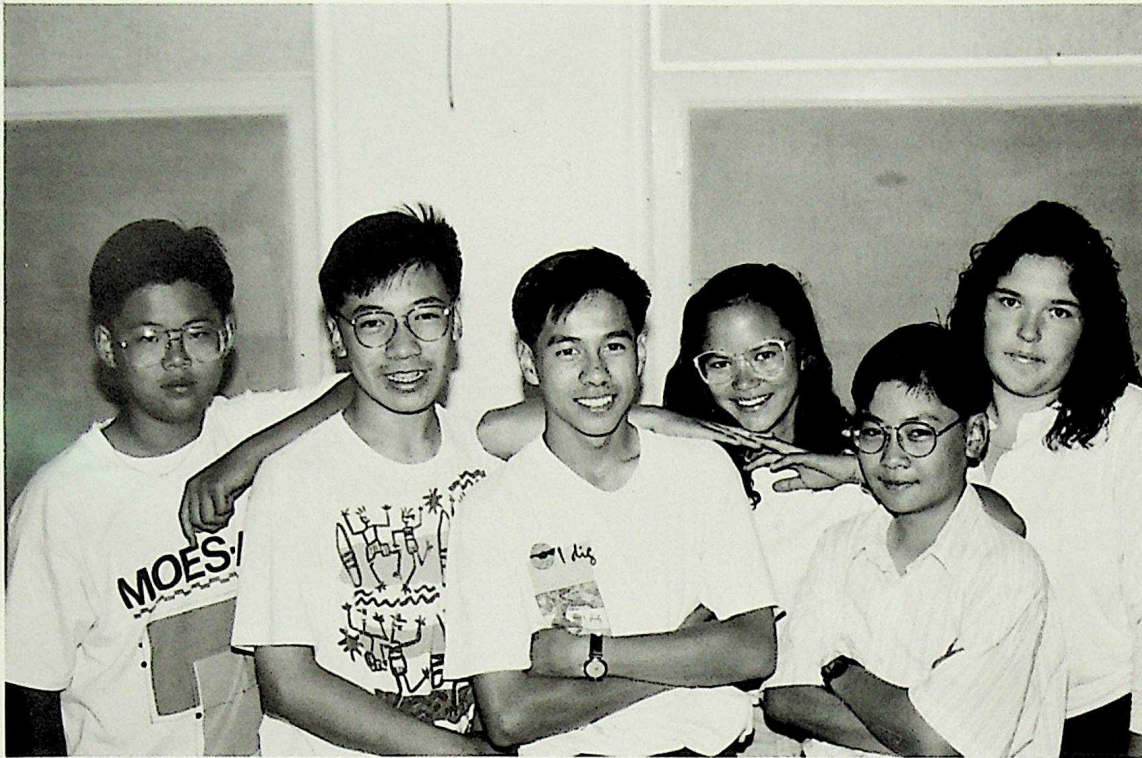
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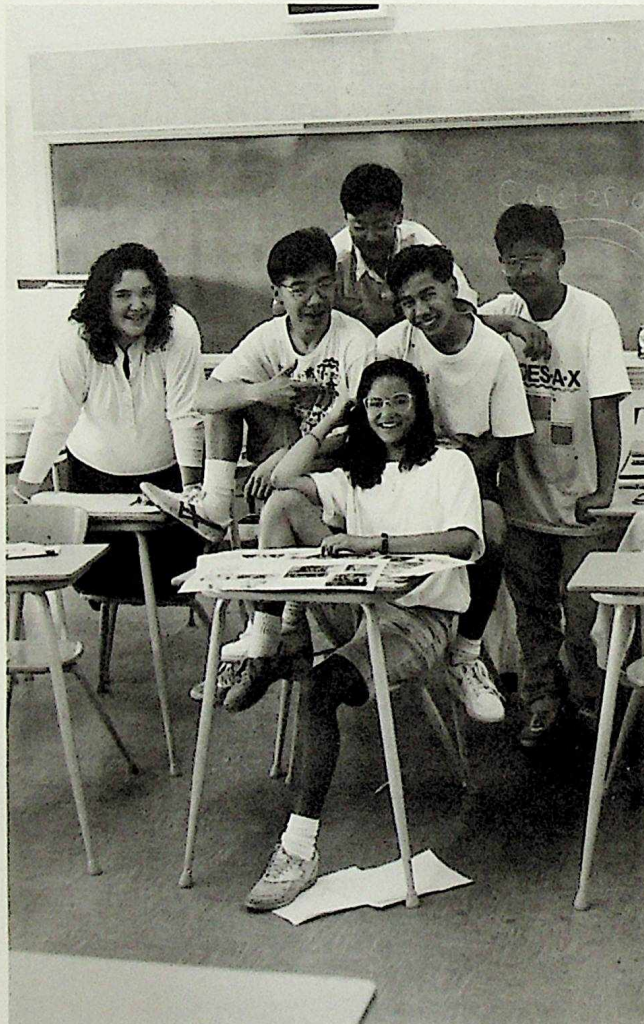
Celebration 1990







YEARBOOK



Highlands Jr. High is very fortunate to have a group of fine students like the Yearbook Staff. Each student was dedicated to making this book a success. This year a lot of time and effort was spent to make this book look more professional. When you flip through the pages you will see the care and craftsmanship that you went into creating each page. The photographs and articles were carefully put together to make the memories of Highlands come to life.

I'd like to take this opportunity to thank all the people who made putting the yearbook together easier:

- Mr. Christensen (you're cutting board was indispensable and staying to supervise the photographers)
- Mrs. Maheden (letting us use your computer at the last minute and putting up with the yearbook staff)
- Miss Karbonik (typing up the articles)
- Mr. Layton (finishing off the Yearbook)
- Mr. Burnett (trying to help and giving us support)
- All the yearbook staff (you 're the greatest!)

This year the yearbook staff followed the theme "One Moment In Time" Remember that the time you spend at Highlands is only one precious moment. The Yearbook Staff dedicated the theme to the grade nines who are leaving. Good Luck and Best Wishes.

Top left picture, from left to right:

Lawrence Mah, Ken Ma, Hien Lu, Brianna Avery, Henry Ma, Wendy Shenko

Missing: Mr. Layton, Maureen Spivak, Candy Christiansen, Christine Martinez





